

## October 2011 – Resources for World Peace Diet Circle (10-20-11 version)

New article by Dr. Tuttle – “A Poignant Riddle: Are Cows Herbivores or Omnivores?”

<http://www.onegreenplanet.org/lifestyle/a-poignant-riddle-are-cows-herbivores-or-omnivores/>

New film – “The Ghosts in Our Machine” Animals are hidden within the shadows of our highly mechanized world -- <http://www.vimeo.com/28430572>

New review of The World Peace Diet in Chicago’s Mindful Metropolis Magazine:

<http://digital.mindfulmetropolis.com/publication/?i=83379&p=31>

New Animal Sanctuary in Ireland being founded by Sandra Higgins, a WPD Facilitator – here’s her article on Matilda, an important part of her community:

<http://edenfarmanimalsanctuary.com/matilda.html>

Why Eating Eggs (including local, organic, free-range, etc.) is Unhealthy – by Dr. Gabriel Cousens -

<http://www.gabrielcousens.com/DRCOUSENS/DRCOUSENSBLOG/tabid/364/PostID/164/language/en-US/WHY-EGGS-ARENT-A-HEALTH-FOOD---WHETHER-ORGANIC-LOCAL-OR-NOT.aspx>

Wow!! The French Government bans vegan meals in all schools nationwide! -

<http://www.euroveg.eu/lang/en/news/press/20101014.php>

Please sign and share this petition against legal anti-vegetarianism and compulsory carnism in France. <http://petition.icdv.info/en/accueil>

Vegan Coach Sassy Knutsen (speaks with us in our Facilitator Training modules) publishes the Golden Banana Newsletter, and it’s now gone from once to twice per month: <http://www.vegancoach.com/>

“My Life as a Turkey” – 60-minute BBC special – quite touching and provocative video:

[http://veehd.com/video/4655065\\_My-Life-as-a-Turkey](http://veehd.com/video/4655065_My-Life-as-a-Turkey) (Seems to work best with Google Chrome browser)

How to Start a Local Vegan Group - [http://www.vegansworldnetwork.org/start\\_vegan\\_group.php](http://www.vegansworldnetwork.org/start_vegan_group.php)

Great short video for men – Vegans in Vegas gathering – men talking about vegan living--

<http://vegansinvegas.com/2011/07/25/vegans-in-vegas-2011-video/>

Excellent video on Animal Rights activism (though with some poor spelling!) -

<http://www.youtube.com/watch?v=c-TZ17WUoLY>

Excellent overview - “Why An Observant Jew Should Follow a Plant-Based Diet” - by Rabbi Simcha Roth - <http://www.bmv.org.il/v/vegan.html>

Seven-Eleven Expands Vegan Options:

<http://www.mfablog.org/2011/09/7-eleven-expands-vegan-options.html>

New L.A. Billboard by PCRM: “Zero to Vegan in 2.5 Seconds” -

<http://www.pcrm.org/search/?cid=2821>

Becoming a classic short YouTube video – “Farm to Fridge” by Mercy for Animals:

<http://www.youtube.com/watch?v=THIODWTqx5E>

Champion Vegan Body Builder – “Meat Builds Muscle and Cancer” -

[http://blogs.miaminewtimes.com/shortorder/2011/09/derek\\_tresize\\_vegan\\_bodybuilde.php](http://blogs.miaminewtimes.com/shortorder/2011/09/derek_tresize_vegan_bodybuilde.php)

YouTube on the “Jesus Was a Vegetarian” campaign is interesting:  
<http://www.youtube.com/watch?v=Iv3uU2YY6pM&feature=related>

Government and Church Inaction Allows Animal Cruelty to Thrive, Claims Theologian  
<http://www.oxfordanimalethics.com/2011/09/news-release-government-and-church-inaction-allows-animal-cruelty-to-thrive-claims-theologian/>

New website: Easy Vegetarian: <http://www.easyvegetarian.net/dairy.html>

The U.S. Farmers and Ranchers Alliance – Who’s Behind it?  
<http://civileats.com/2011/09/23/who%E2%80%99s-behind-the-united-states-farmers-and-ranchers-alliance-and-why-it-matters/>

New! – Bee-free Honey: <http://www.beefreehoney.com/>

The Pigs at Edgar’s Mission Sanctuary in Australia doing tricks!  
<http://www.youtube.com/watch?v=kQhYEayoBRk>

More & More People Embrace Meatless Mondays – Santa Cruz Public Schools:  
[http://www.santacruzsentinel.com/localnews/ci\\_18993074](http://www.santacruzsentinel.com/localnews/ci_18993074)

The Peaceable Table (October 2011) – some more excellent articles:  
<http://www.vegetarianfriends.net/issue81.html>

This 9/11 video can reach many mainstreamers in a manner so convincing that they're converted despite their desire not to be – good analogies to vegan movement: <http://www.youtube.com/watch?v=lw-jzCfa4eQ>

**\*\*Two essential vegan videos easily available online! –**

**A Life Connected** by Nonviolence United: <http://www.veganvideo.org/>

**Why Vegan** by Evolve: <http://www.youtube.com/watch?v=fKr4HZ7ukSE>

For a good laugh! – a very talented skateboarding bulldog --  
[http://www.youtube.com/watch\\_popup?v=cqxTUxzOceE&feature=youtube\\_gdata\\_plaJ](http://www.youtube.com/watch_popup?v=cqxTUxzOceE&feature=youtube_gdata_plaJ)

Excellent article on vaccination dangers with links:  
[http://www.naturalnews.com/033816\\_swine\\_flu\\_vaccines\\_neurological\\_disorders.html](http://www.naturalnews.com/033816_swine_flu_vaccines_neurological_disorders.html)

Vegan blog -- Madeleine and I spoke Lisa’s house in Michigan, and she created this blog--  
<http://rawon10.blogspot.com/2011/10/will-and-madeleine-tuttle-and-world.html>

Washington Post on Salmonella from chickens: [http://www.washingtonpost.com/national/health-science/salmonella-stays-with-chickens-from-birth-to-kitchen/2011/09/08/gIQA2EagDL\\_story.html](http://www.washingtonpost.com/national/health-science/salmonella-stays-with-chickens-from-birth-to-kitchen/2011/09/08/gIQA2EagDL_story.html)

Top Ten Vegan Questions and Answers – by Hope Bohanec in One Green Planet:  
<http://www.onegreenplanet.org/lifestyle/top-ten-omnivore-questions-and-answers/>

U.S. Government subsidizing meat and dairy, not fruits and veggies:  
[http://www.washingtonpost.com/national/health-science/us-touts-fruit-and-vegetables-while-subsidizing-animals-that-become-meat/2011/08/22/gIQATFG5IL\\_story.html](http://www.washingtonpost.com/national/health-science/us-touts-fruit-and-vegetables-while-subsidizing-animals-that-become-meat/2011/08/22/gIQATFG5IL_story.html)

How animal agriculture operations pollute with sewage and it’s not regulated:  
<http://www.ajc.com/news/factory-farms-rarely-cited-1197012.html>

"The more reasons I find to express thankfulness, the more I notice good things happening."  
- Peter Ragnar