## November 2011 – Resources for World Peace Diet Circle (final)

New article by Dr. Tuttle – "The Five Universal Taboos and Animal Use" http://www.onegreenplanet.org/lifestyle/the-five-universal-taboos-and-animal-use/

New Interview with Dr. Tuttle by Eugene Veg Education Network: <a href="http://www.eugeneveg.org/pdf/Interviews/Interview-Will Tuttle.pdf">http://www.eugeneveg.org/pdf/Interviews/Interview-Will Tuttle.pdf</a>

November Issue of Vegetarian Friends – features article by Dr. Tuttle – "Herbivores or Omnivores": <u>http://www.vegetarianfriends.net/issue82.html</u>

A newly updated e-book by WPD Facilitator Sonya Oak, entitled "Please Don't Cry Mother Earth" - <u>https://acrobat.com/app.html#d=Pw1tP7IpC2gBSOZBYy3FLQ</u>

Great interview with WPD Facilitator Pamela Ziemann - <u>http://www.veganmainstream.com/featured-interviews-finding-your-vegan-voice</u>

Someone looking for a WPD Study Buddy -- <u>http://www.30bananasaday.com/forum/topics/wanna-be-my-world-peace-diet-study-buddy</u>

**Excellent critique** of Lierre Keith's "Vegetarian Myth" and Michael Pollen, Derek Jensen, et al: <u>http://www.zcommunications.org/blood-and-soil-lierre-keith-michael-pollan-and-the-trouble-with-locavore-politics-by-john-sanbonmatsu</u>

**Two fine examples** of vegan livelihood – I discovered both of these because they run display ads in the Pathways Magazine in the Washington DC area –

1 - Caroline Cherry - vegan coaching & cooking - http://veryvegelicious.com/

2 - Juliette Tahar - vegan cooking classes - http://healthylivinginc.org/

## Three articles that go well together --

"Animal Cruelty: Who Is To Blame?" – By Angel Flinn – excellent article tying consumers to their responsibilities -- <u>http://www.care2.com/causes/animal-cruelty-who-is-to-blame.html?page=1</u>

"Only When Meat Is Stigmatized Will Factory Farms Stop Thriving" – by James McWilliams in *The Atlantic* - <u>http://www.theatlantic.com/life/archive/2011/10/only-when-meat-is-stigmatized-will-factory-farms-stop-thriving/247139/</u>

Excellent new article on HumaneMyth.org – "Deconstructing The Myth" (Of "Humane" farming - <u>http://www.humanemyth.org/mediabase/1413.htm</u>

Thanks to our Sandra Higgins for this important article and study on PTSD inflicted on slaughterhouse workers: <u>http://papers.ssrn.com/sol3/papers.cfm?abstract\_id=1016401</u>

Kathy Freston: "Taking a Stand Against Animal Cruelty" – <u>http://www.huffingtonpost.com/kathy-freston/cruelty-to-animals\_b\_1005553.html</u>

Three non-vegan videos that are nevertheless beautiful to view and share – <u>http://goo.gl/yCo0S</u> <u>http://player.vimeo.com/video/27920977?title=0&%3bbyline=0&%3bportrait=0href</u>= www.andiesisle.com/creation/magnificent.html

Population reaches 7 billion - we need to move toward plant-based diets...

http://www.telegraph.co.uk/science/steve-jones/8847544/Global-population-reaches-7-billion-can-we-really-feed-the-world.html

Great new national TV ad campaign by MFA -- https://www.charity-pay.com/mfa/adsponsor.asp

Kale is the New Beef! -- <u>http://www.huffingtonpost.com/organic-authoritycom/7-reasons-kale-is-the-new\_b\_992633.html</u>

World Vegan Day and Month – November == <u>http://www.examiner.com/vegan-in-miami/get-this-</u> party-started-world-vegan-days-is-november-1st

Good article on living the vegan life (and the "vegan police") - <u>http://www.thisveganlife.org/be-kind-and-do-your-best</u>

Positive New York Times article about Farm Animal Sanctuaries – "Gentle Barn" - <u>http://www.nytimes.com/2011/11/02/giving/at-the-gentle-barn-animals-and-people-find-healing-together.html?\_r=3</u>

An important video detailing how children are targeted as consumers by corporations: http://www.youtube.com/watch?v=0uUU7cjfcdM

The Well Blog on the NY Times – 3 weeks leading up to Thanksgiving of veg recipes! - <u>http://well.blogs.nytimes.com/2011/11/01/a-thanksgiving-feast-no-turkeys-allowed/</u>

Chickens are cool! – Meet Doris (uploaded by our Pam Ziemann) - <u>http://www.youtube.com/watch?v=-M3Qr-47ikA</u>

Vegan Break – A series of "bite-sized" videos highlighting various aspects of vegan living: http://www.veganbreak.com/

Taking the Plunge into a Vegan Diet with Dr. Neal Barnard - <u>http://www.buffalonews.com/life/health-parenting/article623481.ece</u>

An interesting website about the <u>numbers</u> of animals harmed by humans - <u>http://www.countinganimals.com/</u>

Non-organic foods are irradiated – beware!! http://www.naturalnews.com/034156\_meat\_radioactive.html

Some inspiring YouTube videos by Phoenix about **The World Peace Diet**: <u>http://youtu.be/SHBUxLMAUi4</u>

