

## December 2011 – Resources for World Peace Diet Circle – Final version

Compiled by Dr. Will Tuttle, 12/15/11  
For World Peace Diet Circle Teleconference

Great video – “Faces of Vegans” – done by a World Peace Diet reader who put on a lecture in Michigan where she lives - [http://www.youtube.com/watch?feature=player\\_embedded&v=24dR4RTLZD4#!](http://www.youtube.com/watch?feature=player_embedded&v=24dR4RTLZD4#!)

The Rise of the Herding Culture (Will Tuttle) - <http://www.nonhumanslavery.com/how-did-we-get-here-the-rise-of-the-dominatorherding-culture-by-will-tuttle?mid=53>

Sandra Higgins, a World Peace Diet Facilitator in Ireland, has a wonderful sanctuary and could use some financial support, if possible - <http://www.edenfarmanimalsanctuary.com/>

Hilton Johnson launches a Vegetarian Health Coach training - <http://www.globalteleclass.com/spsScripts/teleclass.lasso?courseNo=specialhc262d>

Website for newest WPD Facilitator, Persephone: <http://compassionatecoaching.webs.com/>

Our Steve Prussack is today (Dec. 15, 2011) on day 19 of his raw juice fast/feast and has an interesting daily blog - <http://www.rawveganradio.com/>

Excellent new film – “Thrive” – <http://thrivemovement.com/>

Dr. John McDougall – “Why Did Steve Jobs Die?” – a long-time vegan – illuminating!  
<http://www.drmcDougall.com/misc/2011nl/nov/jobs.htm>

Being Overweight is now Penalized in Japan –and the standards are STRICT – 33.5” waist for men, 35.5 for women --  
<http://www.youtube.com/watch?v=L1hqHo6lyUU&feature=youtu.be>

Do Animals Know Right from Wrong? – Seems so! <http://www.livescience.com/16814-animals-wrong-clues-point.html>

Solution to World Hunger – “Eat Less Meat” - <http://www.winnipegfreepress.com/canada/solution-to-world-hunger-eat-less-meat-new-study-urges-131772573.html>

Well-said! - The Vegan Journey - Moving From Despair to Hope:  
[http://www.onegreenplanet.org/lifestyle/a-beautiful-world-moving-from-despair-to-hope/#Scene\\_1](http://www.onegreenplanet.org/lifestyle/a-beautiful-world-moving-from-despair-to-hope/#Scene_1)

Supreme Master Ching Hai serves vegan meal to the delegates at the Climate Change Summit in South Africa - <http://www.businessday.co.za/articles/Content.aspx?id=160300>

The number of vegans Doubles since 2009! – up to 7.5 million -- (2.5%) and vegetarians are about 5% - <http://www.vrg.org/blog/2011/12/05/how-many-adults-are-vegan-in-the-u-s/>

The power of gratitude – short video by Brother David Steindl-Rast - <http://www.nextworldtv.com/videos/enlightened-simplicity/gratitude.html>

Rats are compassionate-- <http://www.dailymail.co.uk/news/article-2071722/Rats-wrongly-maligned-actually-kind-hearted-generous-creatures.html?mid=54>

Pro-Vegan Metro ads get millions of views in Toronto - <http://www.care2.com/causes/toronto-subway-riders-meet-factory-farm-animals-video.html?mid=54>

Great Summary - 49 Reasons Why I'm a Vegetarian – from British Meat - <http://www.britishmeat.com/49.htm>

Making a Stand for Veganism – Butterflies Katz - <http://thevegantruth.blogspot.com/2011/12/making-stand.html>

Heart-touching video of a police officer protecting a duck family in heavy traffic – <http://www.godvine.com/Police-Officer-Stops-Traffic-to-Help-Trapped-Ducks-802.html>

New Mercy For Animals short undercover video about cruelty to hens used in McDonalds' egg production: <http://www.mcdonaldscrueity.com/?mid=530>

The End of Thanksgiving: A Cause for Universal Rejoicing -- [http://www.blackcommentator.com/66/66\\_cover\\_thanksgiving.html](http://www.blackcommentator.com/66/66_cover_thanksgiving.html)

F.A.R.M. – “How to Deal with the Holidays” - <http://www.gentlethanksgiving.org/guide/howtodeal.html>

Beautiful short video of a little orphaned bat: <http://www.youtube.com/watch?v=FkeSSdwbNpg&feature=share>

“The Rise of Veganism” - <http://www.smh.com.au/lifestyle/diet-and-fitness/the-rise-of-veganism-20111118-1nlwh.html?mid=52>

The ongoing assault on the Brazilian Amazon rainforest: <http://www.nytimes.com/2011/11/17/opinion/an-assault-on-the-amazon.html>

Connect The Dots – Human, Animal, and Environmental Effects -- <http://www.connectthedotsmovement.com/2011/10/20/whats-the-official-story-cultural-change-for-a-connectionist-world/>

We Must Stop Eating Our Oceans - <http://www.onegreenplanet.org/animalsandnature/we-must-stop-eating-our-oceans-2/>

Congress reclassifying pizza as a vegetable!!! – Next will it be hot dogs? - [http://www.naturalnews.com/034202\\_pizza\\_vegetable.html](http://www.naturalnews.com/034202_pizza_vegetable.html)

World Peace & Yoga Jubilee TV news announcement with Dr. Tuttle & Amy Ferguson: <http://www.youtube.com/watch?v=CfQk8bxDevU>

Mark Beckoff: The Thanksgiving Day Massacre: A House of Horrors: <http://www.psychologytoday.com/blog/animal-emotions/201111/the-thanksgiving-day-massacre-house-horrors>

The Iroquois Thanksgiving Address - <http://www.homeplanet.org/thanksgiving.html>

***The Green Beautiful*** -- very interesting film made in France and banned in Europe – shows a vegetarian (though not vegan) spiritual civilization – <http://www.youtube.com/watch?v=-yIZNXnd6Y>

Now a Vegan, Dallas Fullback is Stronger than Ever: [http://espn.go.com/blog/dallas/cowboys/post/\\_id/4686723/now-a-vegan-fiammetta-stronger-than-ever](http://espn.go.com/blog/dallas/cowboys/post/_id/4686723/now-a-vegan-fiammetta-stronger-than-ever)

**2 Anastasia** videos –

Excellent short video giving the vegan teachings of Anastasia -- <http://www.youtube.com/watch?v=NWmAtahNMc>

Video of Russian communities being formed -

[http://www.youtube.com/watch?feature=player\\_embedded&v=sggVLb11pUc](http://www.youtube.com/watch?feature=player_embedded&v=sggVLb11pUc)

117-year old vegetarian (vegan?) Chinese martial artist:

[http://www.youtube.com/watch?v=kMX\\_vpfXxe8&feature=related](http://www.youtube.com/watch?v=kMX_vpfXxe8&feature=related)

Speciesism and Veganism: Transcending Politics and Religion: -

<http://www.care2.com/causes/speciesism-and-veganism-transcending-politics-and-religion.html#ixzz1exVU2rb5>

Horse slaughter plants in the U.S. again being planned after Obama signed legislation allowing them:

<http://newsok.com/u.s.-horse-slaughter-plants-in-the-very-early-stages-of-planning-proponent-says/article/3626718#ixzz1f1voR0g9>

Powerful video of the fear of a cow before being slaughtered -

<http://www.youtube.com/watch?v=LUKHky4uqw&feature=related&mid=53>

Café Gratitude vegan restaurant chain to close all 8 locations in northern CA -

<http://insidescoopsf.sfgate.com/blog/2011/11/29/cafe-gratitude-announces-the-closure-of-all-its-northern-california-outposts/>

Eating animal foods and world hunger – “Diet change would ease food pressure” – a little glimmer -

<http://news.theage.com.au/breaking-news-business/diet-change-would-ease-food-pressure-20111007-11daa.html>

Weeping and crying water buffalo in China touches butchers' hearts -

<https://www.facebook.com/notes/marla-stormwolf-patty/this-buffalo-has-changed-the-lives-of-these-butchers-heart-rending-news-story-fr/265572993490128?mid=543>

108-year old vegan woman in Oregon is healthy, clear, and happy -

<http://www.youtube.com/watch?v=NkRN3ddd0P8&NR=1>

Veganism: A Truth Who's Time Has Come by Angel Flinn -

<http://thevegantruth.blogspot.com/2011/12/best-vegan-speech-ever-by-angel-flinn.html?mid=5470>

Kind hearts are the gardens;  
Kind thoughts are the roots;  
Kind words are the blossoms;  
Kind deeds are the fruits .~ Longfellow

