

July 2011 World Peace Diet Facilitator Circle – Resources

“Every negative thing that has ever happened to you, or that ever will happen to you, will be funny and inspirational when you talk about it in the future.” – Hilton Johnson

New York City’s Underground Railroad For Escaped Farm Animals:

<http://www.cityspoonful.com/farmanimals/>

Humane Meat is the Solution to What, Again? By Nil Zacharias:

http://www.huffingtonpost.com/nil-zacharias/humane-meat-is-the-soluti_b_880731.html?ref=fb&src=sp#sb=705598,b=facebook

Plant-based Diet Can Help Your Health:

<http://www.timesunion.com/living/article/Plant-based-diet-can-help-your-health-1439284.php>

Vegetarian Diets Healthier in Every Way:

<http://www.vegsource.com/news/2011/06/study-vegetarian-diets-healthier-in-every-way-than-diets-with-meat.html>

Things I’ve Learned Since I Went Vegan:

<http://www.peta.org/living/vegetarian-living/things-ive-learned-since-i-went-vegan.aspx>

Are Vegetarians Happier People?

<http://fyliving.com/diet/special-diets/vegetarian-diet/are-vegetarians-happier-people/>

Veganism for the Rest of Us: <http://www.nathanwinograd.com/?p=6299>

Josh Tetrick – “Where are You” – Life as a Battery Cage Hen:

http://www.huffingtonpost.com/josh-tetrick/where-are-you_b_880183.html?ref=fb&src=sp

ABC News: Undercover Activist Exposes Pork Producer Practices:

<http://abclocal.go.com/kgo/story?section=news%2Fiteam&id=8220204>

Shao Lin Monks – Exploding the Meat Myth –

http://www.youtube.com/watch?v=eZwmluSn_T0

(Health) Rewarded for Veganism: <http://gentleworld.org/rewarded-for-being-vegan/>

Time Magazine – Iowa Pork/Pig Cruelty Case: <http://www.time.com/time/nation/article/0,8599,2080546,00.html>

Welcome to Humane Meat : <http://www.humanemeatusa.com/> (Check out the “about us”) also...

“Maybe J.C. was a Vegetarian...” Song by Aussie is excellent:

<https://www.youtube.com/watch?v=dBsNIEXkHHQ&feature=relatedrite>

Vegetarians have lower cancer risk – new study:

<http://www.guardian.co.uk/science/2009/jul/01/vegetarians-blood-cancer-diet-risk>

Chicken meat sold in the U.S. routinely contains toxic levels of arsenic:

<http://www.thegoodhuman.com/2011/06/14/fda-admits-chicken-meat-contains-cancer-causing-arsenic/>

Veggie Brothers: A vegan alternative to cooking – have vegan meals shipped right to your door – I’ve sampled this, and some of the offerings are excellent – come frozen in dry ice – <http://veggiebrothers.com>

Grilling Meat Increases Cancer Risk: <http://www.thebostonchannel.com/health/28550479/detail.html#ixzz1SI8o14pr>