August 2011 – Resources for World Peace Diet Circle

Video of inspiring short talk by Australian Patty Marks:

https://www.youtube.com/watch?v=fa48zLxkBU8

Will Tuttle ARZone Podcast (Vegetarian Summerfest):

 $\underline{http://arzonepodcasts.blogspot.com/2011/07/arzone-podcast-5-dr-will-tuttle.html}$

Great resource – the monthly Veg E-News:

http://www.lholmesassociates.com/cgi-bin/veg/nologo/nologo_newsletter_webpage.pl

If Fish Could Scream by Peter Singer:

http://host.madison.com/ct/news/opinion/column/article 51f2f8fb-98ad-57c6-b888-a966558ff26d.html

Terrific short video on veganism and peace inspired by The World Peace Diet: http://www.youtube.com/watch?v=W57gLvO8wo0&feature=uploademail

Melanie Joy – "Understanding Neocarnism: How Vegan Advocates Can Appreciate and Respond to "Happy Meat," Locavorism, and "Paleo Dieting" - http://www.onegreenplanet.org/lifestyle/understanding-neocarnism/

Our very own Pamela Ziemann is the force behind the Vegan Milk Revolution Contest! – Here's the info: http://www.veganmilkrevolution.com/

Interesting Contest – "The 100+ Most Influential and Essential Vegans and Veganish for Building Our Culture Up and Out" – Here are final results: http://www.carpevegan.com/?p=1680 - (we're in the top 100 – whaddya know!)

Third largest meat recall in U.S. History (Millions of Turkeys die in vain) -- http://www.businessweek.com/news/2011-08-04/cargill-turkey-salmonella-link-spurs-36-million-ton-recall.html

A Letter from Norway

Thank you for messages of condolence and sympathy regarding the bombing in Oslo and shooting in a youth camp on a small island near Oslo. It warms to have you thinking of us.

I have been able to reach almost all co-counselors living in Norway. They have not been so close as to be injured by the bombing and they were not present on the island during the attack. But many people here know survivors or victims or their relatives or friends. We are a small nation and youth delegations from all parts of Norway were present at the camp.

I guess you know most of the cruelty from the news. I will not repeat. But I would like to share some hopeful and deeply moving things happening here:

The prime minister, the head of police in the municipality of the attacked island, the king, the queen, leaders of different political parties--they have all cried on national television. The leaders of the nation encourage people to hug, hold hands, be close, cry, tell their stories and listen to each other with love and respect.

There is very little demand for revenge against the anti-Islamic offender. Instead a collective agreement has been reached to embrace the values that the offender wished to destroy by creating a more open, friendly and inclusive society. A young woman said: "If one person can hate this much, think of all the love we are able to show together."

There has not been so many people out in the streets since the celebration of the end of World War II. On Monday in my town, there were Muslims and Christians, young and old, - thousands and thousands of people hugging, giving flowers to each other, putting flowers on buildings and fences. A wonderful appeal was given: "Tonight the streets are filled with love."

This atmosphere of sister and brotherhood will probably fade as society goes back to normal. But something special and precious happened these days. It showed us what is possible and there are many, many who will make an effort to have this as a permanent part of society. It will definitely have an impact on the upcoming elections. Racist statements and extreme right wing sympathies will be very unpopular.

Myself, I can't help smile at every person I meet. Thinking: "You precious person, I am so glad you are alive." I am proud of my people.

Anne Helgedagsrud, Oslo, Norway