

## April 2012 – Resources for World Peace Diet Circle

Compiled by Dr. Will Tuttle,  
For World Peace Diet Circle Members

The World Peace Diet is hitting it big in Taiwan in traditional Chinese:

<https://www.facebook.com/photo.php?fbid=10150728844822884&set=p.10150728844822884&type=1>

April 2012 One Green Planet – Dr. Tuttle’s blog – Tax Time and Time to Re-imagine Our Broken Food System-

<http://www.onegreenplanet.org/lifestyle/tax-time-and-time-to-re-imagine-our-broken-food-system/>

March 2012 One Green Planet – Dr. Tuttle’s blog – You are What You Practice –

<http://www.onegreenplanet.org/lifestyle/you-are-what-you-practice-choose-wisely/>

Trailer for new film, “I See World Peace,” with interview with Dr. Tuttle -

<http://www.youtube.com/watch?v=3uKbpStfQnw>

Koreans Switching to Meat-Free Diet – (And World Peace Diet is soon to be published in Korean!)

<http://www.koreaherald.com/national/Detail.jsp?newsMLId=20120415000379>

Powerful NY Times piece by James McWilliams – “The Myth of Sustainable Meat” -

[http://www.nytimes.com/2012/04/13/opinion/the-myth-of-sustainable-meat.html?\\_r=1](http://www.nytimes.com/2012/04/13/opinion/the-myth-of-sustainable-meat.html?_r=1)

Here’s the First issue of “Vegan News” from 1944 in England, by Donald Watson, where he first publishes the word Vegan and discusses it -

[http://www.vegansociety.com/uploadedFiles/About\\_The\\_Society/Publications/The\\_Vegan\\_magazine/Feature\\_Articles/1944-news.pdf](http://www.vegansociety.com/uploadedFiles/About_The_Society/Publications/The_Vegan_magazine/Feature_Articles/1944-news.pdf)

Market for Vegan Food is Exploding - [http://www.huffingtonpost.com/nil-zacharias/vegan-food\\_b\\_1324363.html](http://www.huffingtonpost.com/nil-zacharias/vegan-food_b_1324363.html)

Great BBC Vegan Video from 1976 -- inspiring -- still relevant and helpful, and will put a smile on your face!

[http://www.youtube.com/watch?feature=player\\_embedded&v=rNskRUJRnrU](http://www.youtube.com/watch?feature=player_embedded&v=rNskRUJRnrU)

Australian TV debate on meat-eating won decisively – recommended! -

<http://www.abc.net.au/tv/bigideas/stories/2012/04/10/3471899.htm>

Mother Jones Magazine – “Four Things Grosser Than Pink Slime” - <http://motherjones.com/tom-phillpott/2012/04/things-are-grosser-pink-slime>

Excellent short (8’) video of Maneka Gandhi talking about protecting animals in India –

<http://explore.org/#!/videos/player/india-fighting-for-indias-wildlife>

California prison adopts vegan vegetarian menu and sees amazing results –

<http://vegetarianspotlight.com/2011/vegan-diet-impacts-california-prison/>

New Study Recommends Less Meat to Prevent Climate Destabilization -

<http://www.guardian.co.uk/environment/2012/apr/13/less-meat-prevent-climate-change>

Plant-based is MUCH better for carbon footprint than local - <http://blogs.hbr.org/winston/2011/06/local-food-or-less-meat-data-t.html>

Moo-dini – A steer escapes from slaughterhouse and ends up at Woodstock Animal Sanctuary -

<http://www.abc.net.au/tv/bigideas/stories/2012/04/10/3471899.htm>

Plant-based foods fuel good mood-- <http://www.mfablog.org/2012/03/plant-based-food-fuels-good-mood.html>

April Veg E-News: [http://www.lholmesassociates.com/cgi-bin/veg/nologo/nologo\\_newsletter\\_webpage.pl](http://www.lholmesassociates.com/cgi-bin/veg/nologo/nologo_newsletter_webpage.pl)

Judge Rules Animal Ag Operations Must Remove Antibiotics from Feed -  
<http://af.reuters.com/article/commoditiesNews/idAFL1E8EN08G20120323?sp=true>

Time Magazine – The Meatless (and Less Meat) Revolution: <http://moneyland.time.com/2012/03/22/the-meatless-and-less-meat-revolution/>

New AR Zone program – Vegan Buddy Mentors -- <http://arzone.ning.com/group/vegan-buddies/page/vegan-buddies-mentors>

New Undercover Video of Adirondack Farms Dairy Reveals Routine Terrible Cruelty to Dairy Cows:  
<http://www.mfablog.org/2012/03/new-investigation-reveals-widespread-cruelty-at-new-york-dairy-farm.html>

Hoard’s Dairyman Magazine opposes tail-docking: <http://www.hoards.com/12mar25-editorial-tail-docking>

FDA is ordered to restrict antibiotic use in livestock operations - [http://www.nytimes.com/2012/03/24/health/fda-is-ordered-to-restrict-use-of-antibiotics-in-livestock.html?\\_r=1](http://www.nytimes.com/2012/03/24/health/fda-is-ordered-to-restrict-use-of-antibiotics-in-livestock.html?_r=1)

Cesar Chavez and Comprehensive Rights -  
[http://www.ufw.org/\\_board.php?mode=view&b\\_code=cc\\_his\\_nlinks&b\\_no=3763](http://www.ufw.org/_board.php?mode=view&b_code=cc_his_nlinks&b_no=3763)

Ingrid Newkirk – “Real Milk Campaign Makes Real Suckers out of all of us” -  
[http://www.huffingtonpost.com/ingrid-newkirk/real-milk-campaign\\_b\\_1395395.html](http://www.huffingtonpost.com/ingrid-newkirk/real-milk-campaign_b_1395395.html)

April Peaceable Table - <http://www.vegetarianfriends.net/issue86.html>

NYTimes Mark Bittman – “A Chicken Without Guilt” – the rise of meat analogs -  
[http://www.nytimes.com/2012/03/11/opinion/sunday/finally-fake-chicken-worth-eating.html?\\_r=3](http://www.nytimes.com/2012/03/11/opinion/sunday/finally-fake-chicken-worth-eating.html?_r=3)

As Beef Cattle Become Behemoths, Who are Animal Scientists Serving? - <http://chronicle.com/article/As-Beef-Cattle-Become/131480/>

NY Times: - “The Challenge of Going Vegan” - <http://well.blogs.nytimes.com/2012/04/16/the-challenge-of-going-vegan/>

The McDougall Program – Vegan Intensive Saves Companies a Lot of Money -  
<http://www.vegsource.com/news/2012/04/dr-mcdougall-cuts-corporate-health-care-expenses-in-half-using-starch-based-diet-video.html>

Change “Owner” to “Guardian” - <http://www.youtube.com/watch?v=qLwmUXVb-vk&feature=youtu.be>

Sassy Knutsen – the Vegan Coach – her monthly newsletter – the Golden Banana - <http://www.vegancoach.com/>

Inspiring Video on Vegan Living – (I’d ignore the few anti-cooked food comments)... -  
<http://www.youtube.com/watch?v=Fj2ILSHyyAo&feature=share>

Fish, seen through the eyes of a child (short video) - <https://vimeo.com/38026796>

Four Australian Women Chain Themselves in Protest in Egg Facility - <http://www.heraldsun.com.au/news/more->

[news/women-chain-themselves-together-in-egg-farm-protest/story-fn7x8me2-1226319583268](http://news/women-chain-themselves-together-in-egg-farm-protest/story-fn7x8me2-1226319583268)

The Beauty of Pollination – glorious Earth Celebrations of life - <http://www.youtube-nocookie.com/embed/xHkq1edcbk4?rel=0>

Ellen Jaffe Jones (Eat Vegan on \$4 a Day) featured in Dr. McDougall's newsletter - <http://www.drmcDougall.com/misc/2012nl/mar/recipes.htm>

Six Tips for Living with the Darker Emotions - [http://humaneeducation.org/sections/view/news\\_april2012#darker](http://humaneeducation.org/sections/view/news_april2012#darker)

Mother Jones – What's Even Grosser than Pink Slime? - <http://motherjones.com/tom-philpott/2012/04/pink-slime-yilsack-USDA-poultry>

"The Superior human?" is the first documentary to systematically challenge the common human belief that humans are superior - <http://arzone.ning.com/video/the-superior-human-full-movie-2012-documentary-film>

NY Times – Arsenic, Benadryl, etc., is in chicken flesh - [http://www.nytimes.com/2012/04/05/opinion/kristof-arsenic-in-our-chicken.html?\\_r=2](http://www.nytimes.com/2012/04/05/opinion/kristof-arsenic-in-our-chicken.html?_r=2)

Saying "I'm meat-free" is better than "I'm vegetarian" - [http://www.farmsanctuary.org/CompassionateCommunities/?p=513&fb\\_source=message](http://www.farmsanctuary.org/CompassionateCommunities/?p=513&fb_source=message)

Great video about Jesus, moneychangers, and crucifixion - <http://www.youtube.com/watch?v=GQ-h0hh5wxA>

Deep Water Sonar blamed for Mass Dolphin Deaths - <http://www.kipnews.org/2012/04/05/deep-water-sonar-blamed-for-mass-dolphin-deaths/>

Renee Olmstead: Why I went vegan: [http://www.huffingtonpost.com/renee-olmstead/why-i-decided-to-go-vegan\\_b\\_1415742.html?ncid=edlinkusaolp00000003](http://www.huffingtonpost.com/renee-olmstead/why-i-decided-to-go-vegan_b_1415742.html?ncid=edlinkusaolp00000003)

