

October 2013 – Resources for World Peace Diet Circle

Compiled by Dr. Will Tuttle,
For World Peace Diet Circle Members

“For those of us who are beginning to realize the existence and nature of the great divine scheme of evolution, the privilege of trying in our small way to help it forward is the one purpose of existence.” -- Charles Leadbetter

Dr. Tuttle Speaking on WPD & Veganism in British Columbia - <http://www.drishtipoint.ca/the-world-peace-diet/>

The World Peace Diet Audio Book featured on KPFA’s annual Fund Raiser! - <http://www.kpfa.org/archive/id/95631>

Dr. Tuttle Speaking at the Lighthouse Farm Sanctuary in OR – short video
<http://www.youtube.com/watch?v=p97BBHim3gI&feature=share>

Video – Intimate Visit with Will & Madeleine Tuttle -
http://www.youtube.com/watch?v=7atUut_ERGc

“I Am the Vegan Activist” – Poem by Dr. Tuttle - <http://beaelliottvegan.blogspot.com/2013/10/i-am-vegan-activist-by-will-tuttle.html>

Heather Mills and Animal Protection – Interview with Dr. Tuttle -
<http://www.all-creatures.org/articles/veganpalooza2013-mills.html>

From Julia – A Critique of the Wheat Belly book -
<http://www.aaccnet.org/publications/plexus/cfw/pastissues/2012/OpenDocuments/CFW-57-4-0177.pdf>

Shanti Urreta, a WPD Facilitator, has written a book promoting veganism! - <http://goo.gl/9Z3IFd>

Pamela Ziemann, a WPD Facilitator – her new short video at a farm sanctuary –
<http://www.youtube.com/watch?v=O1SYzI9WcWQ&feature=share&list=UUN5auLOW-GkP-gTb4Ax3N5g>

Karin Connelly, a WPD Facilitator, has a new blog! - <http://eatinginpeace.com/>

Excellent short (4-minute) vegan video – Why Vegan? By Evolve -
<http://www.youtube.com/watch?v=fKr4HZ7ukSE>

The Transparency Challenge by Ethan Brown of Beyond Meat - <http://beyondmeat.com/the-transparency-challenge-from-ethan-brown-beyond-meat-founder/>

“We Need to Abolish All Zoos” – Britains Leading Zoo Keeper -
<http://www.express.co.uk/news/uk/416277/We-need-to-abolish-all-zoos-says-Britain-s-most-famous-zoo-owner-Damian-Aspinall>

Costa Rica Closes Zoos! <http://www.treehugger.com/natural-sciences/costa-rica-announces-plans-close-all-zoos-saying-animals-deserve-be-nature.html>

Our Ancestors Were Mostly Veg, Not Meat-Eaters - <http://www.care2.com/causes/our-ancestors-were-mostly-vegetarian-not-meat-eaters.html>

Excellent Summary! – Three Reasons Not to Eat Honey - <http://gentleworld.org/3-reasons-not-to-eat-honey/>

Do Animals Play Just for Fun? Watch this Huskie!
<http://www.psychologytoday.com/blog/animal-emotions/201309/do-animals-play-just-fun-watch-dog>

Sage - Culver City's (near L.A.) Best New Vegan Restaurant -
http://www.huffingtonpost.com/xaque-gruber/best-new-vegan-restaurant_b_4010270.html

Touching Pictures of Interspecies Friendships - <http://www.buzzfeed.com/chelseamarshall/most-touching-interspecies-friendships-you-never-thou>

Saddest Slaughterhouse Footage Ever Shows No Blood Or Slaughter –
<http://www.youtube.com/watch?v=LUKHky4uqw>

Seven Gross Reasons to Never Eat Meat Again - <http://www.care2.com/causes/7-really-gross-reasons-to-never-eat-meat-again.html#>

Veg E-News – The usual terrific collection of new articles for the month -
http://www.lholmesassociates.com/cgi-bin/veg/nologo/nologo_newsletter_webpage.pl

New USDA Rules Allow Feces, Pus, Bleach, in Chicken -
http://www.naturalnews.com/042274_conventional_poultry_food_contamination_USDA.html

What Does Being Vegetarian Say About You? <http://www.psmag.com/health/varied-ethics-vegetarians-66575/>

Kathy Freston -- Shattering the Meat Myth- Humans are Natural Vegetarians -
http://www.huffingtonpost.com/kathy-freston/shattering-the-meat-myth_b_214390.html

People living in Battery Hen Conditions in Hong Kong -
<http://www.dailymail.co.uk/news/article-2282764/Hong-Kongs-human-battery-hens-Claustrophobic-images-slum-families-squeeze-lives-tiniest-apartments.html>

Chipotle's New Anti-Factory Farming Video - <http://www.mfablog.org/2013/09/chipotles-bold-new-anti-factory-farming-video-goes-viral.html>

Bill Gates Invests in Vegan Meat Start-up - <http://www.organicauthority.com/foodie-buzz/bill-gates-is-investing-in-a-vegan-meat-start-up.html>

Nine Reasons to Fear your Steak Dinner -
http://www.salon.com/2013/09/24/9_reasons_to_fear_your_steak_dinner_partner/

The Honey Launderers – The Largest Food Fraud in US History -

<http://finance.yahoo.com/news/the-honey-launderers--uncovering-the-largest-food-fraud-in-u-s--history-171454285.html>

Five Plant-Based Athletes Who Blow the Protein Myth Out of the Water -

<http://www.onegreenplanet.org/natural-health/5-plant-based-athletes-that-blow-the-protein-myth-out-of-the-water/>

Quite sobering! – The Animals We Kill and Don't Eat -

<http://www.countinganimals.com/animals-we-use-and-abuse-for-food-we-do-not-eat/>

Leather and Meat Without Killing Animals - <http://www.youtube.com/watch?v=7gXq1ml6B1E>

Certified Humane Slaughter – short video - https://www.youtube.com/watch?v=pJeyxKWI_vA

Strict Vegan Prisoner Playbook - <http://www.vice.com/read/the-strict-vegan-prisoner-playbook>

The Sour Facts about Milk - What Every Parent Needs to Know – by John Pierre -

<http://www.mindbodygreen.com/0-10998/the-sour-facts-about-milk-what-every-parent-needs-to-know.html>

"As far as eating is concerned, humans are the most stupid animals on the planet. We kill billions of wild animals to protect the animals that we eat. We are destroying our environment to feed to the animals we eat. We spend more time, money and resources fattening up the animals that we eat, than we do feeding humans who are dying of hunger. The greatest irony is that after all the expenses of raising these animals, we eat them; and they kill us slowly... And rather than recognize this madness, we torture and murder millions of other animals trying to find cures to diseases caused by eating animals in the first place. "-Mike Anderson