

November 2013 – Resources for World Peace Diet Circle

Compiled by Dr. Will Tuttle,
For World Peace Diet Circle Members

“The reasonable man adapts himself to the world; the unreasonable one persists in trying to adapt the world to himself. Therefore all progress depends on the unreasonable man.” – George Bernard Shaw

New Article by Dr. Tuttle – “Deep Veganism: A Movement whose Time has Come” –
<http://www.onegreenplanet.org/uncategorized/deep-veganism-a-movement-whose-time-has-come/>

Provocative Newspaper Article (Dover, MA) on the WPD and Dr. Tuttle - <http://goo.gl/MD7O1b>

Video of Dr. Tuttle Speaking at Northwest VegFest recently on the WPD (1 hour) -
<http://vimeo.com/76105674#>

Interview with Dr. Tuttle by Janie Bill on The World Peace Diet and the state of our world -
<http://janiebill.com/2013/10/29/learn-the-world-peace-diet/>

“I Am the Vegan Activist” – Poem by Dr. Tuttle - <http://beaelliottvegan.blogspot.com/2013/10/i-am-vegan-activist-by-will-tuttle.html>

Faces of Vegans Project – by Lisa Viger (WPD supporter; music by Dr. Tuttle) -
<https://www.youtube.com/watch?v=24dR4RTLZD4>

We met vegan musician IFEEL in Croatia this past summer - his CD "Animal in Me" is compelling -
<http://www.youtube.com/watch?v=k-5MHJMBDqk&feature=youtu.be>

WPD Facilitator Christine McClarnon’s helpful list of resources -
<http://www.members.shaw.ca/IQBrite/Resources/Animals.pdf>

Our Megan the Vegan’s Online Green Smoothie Class has launched! -
<http://girafferevolution.com/programs/>

Our Shanti Urreta, WPD Facilitator, on TV – 30 minute video discussing her new vegan book -
<https://www.youtube.com/watch?v=3BNqz722b8M>

Lauren Ornelas – TED talk on the Power of Our Food Choices – excellent! -
https://www.youtube.com/watch?v=blfVA0a-CBc&list=PLsRNoUx8w3rMhaZBXkbZ_FYbyfEAFKCro&index=6

41 Delicious Thanksgiving Recipes! - <http://www.buzzfeed.com/expresident/41-delicious-vegan-thanksgiving-recipes>

Vegan Thanksgiving Recipes Galore! - http://www.pinterest.com/susan_v/vegan-thanksgiving-recipes/

Fascinating Article – The Vegan Tipping Point -
<http://www.gardendish.com/news/2013/10/18/catching-fire-the-vegan-tipping-point.html>

The Contaminants in Meat: http://www.huffingtonpost.com/martha-rosenberg/contaminants-meat_b_4064701.html

“The Ocean is Broken” – Wake-up Call! - <http://www.smh.com.au/environment/the-ocean-is-broken-20131018-2vs7v.html>

30-second GMO video linking veganism & GMOs – excellent - <http://www.youtube.com/watch?v=-DvUbF3pqbA>

12 Reasons You May Never Want to Eat Turkey Again - <http://freefromharm.org/animal-cruelty-investigation/12-reasons-you-may-never-want-eat-turkey-again/>

11 Reasons to Stop Eating Dairy - <http://www.care2.com/greenliving/11-reasons-to-stop-eating-dairy.html?page=1>

A Life Connected – Classic short highly-effective non-graphic video! - <http://vimeo.com/13317130#>

Rupert Sheldrake’s Morphogenetic Fields and Animal Behavior - <http://www.psychologytoday.com/blog/animal-emotions/201311/why-dogs-hump-and-rupert-sheldrakes-morphogenic-fields/comments>

Breeding Slavery: Why Veganism Should Be Considered a Feminist Issue - <http://www.care2.com/causes/breeding-slavery-why-veganism-should-be-considered-a-feminist-issue.html>

Brown rice & Broccoli - HipHop! - the vegan revolution hits the streets! - <http://www.youtube.com/watch?v=MO3zE2XqEUo>

FB Event Page for the Vegan Cruise – Feb. 2015 out of NYC – Dr. Tuttle is speaking - https://www.facebook.com/events/170878576453568/?ref_newsfeed_story_type=regular

Chomping Climate Change – video on Veganism as the Cure - <http://www.chompingclimatechange.org/the-video.html>

Vaccine Fraud (and Cruelty) Exposed - http://www.naturalnews.com/042864_measles_outbreak_mumps_vaccines_scientific_fraud.html

Going Vegan Hits Readers Digest - <http://www.rd.com/slideshows/becoming-vegan-tips/#slideshow=slide1>

Milk of Human Kindness Denied to Dairy Cows – James McWilliams in Forbes - <http://www.forbes.com/sites/jamesmcwilliams/2013/10/25/milk-of-human-kindness-denied-to-dairy-cows/>

Vegan Take-off on Dr. Seuss’s “Green Eggs & Ham” – “Quinoa and Kale” by Dr. Couscous - <http://www.youtube.com/watch?v=TgxXRa9bizc>

9 Things Everyone Should Know About Farmed Fish - <http://meatonomics.com/2013/11/11/9-things-everyone-should-know-about-farmed-fish/>

“Love This” – excellent poem by Gretchen Primack -
<http://www.gretchenprimack.com/poetry.php?f=lovethis.txt>

“The Vegan Inside Us” - http://gentleworld.org/the-vegan-inside-us/?utm_source=BenchmarkEmail&utm_campaign=Nov_02_2013_Email_1&utm_medium=email

Beautiful 13' Video of Earth! - <https://www.youtube.com/embed/6v2L2UGZJAM?rel=0>

Richard Oppenlander – Why Eating Local, “Less” Meat & Taking Baby Steps Won’t Work -
<https://www.youtube.com/watch?v=Fws0f9s4Bas>

“Here Comes the Sun” Vegan Bus Kickstart Campaign -
<http://www.kickstarter.com/projects/1015639045/here-comes-the-sun-vegan-bus-and-free-smoothie-dem>

McDonald’s Exploits Philanthropy and Targets Children with Ronald McDonald House -
<http://www.foodrevolution.org/blog/clowning-around/>

Cruelty to Baby Chicks at “Humane” Hatchery Exposed - <http://www.care2.com/causes/cruelty-to-baby-chicks-at-humane-hatchery-exposed.html>

For Birds on the Slaughter Line, 2 Ways to Die - http://www.washingtonpost.com/politics/for-birds-on-the-slaughter-line-two-ways-to-die/2013/10/29/c04b76c0-40dd-11e3-8b74-d89d714ca4dd_graphic.html

James Cromwell – Still Working to Protect Pigs - <http://www.takepart.com/article/2013/10/31/james-cromwell-narrates-animal-rights-video#>

Devastating Effects of Pork Production – James McWilliams in Forbes -
<http://www.forbes.com/sites/jamesmcwilliams/2013/10/30/u-s-pork-wallows-in-dangerous-antibiotics-pollution-welfare-violations/>

NY School Goes Veg, Test Scores Improve - <http://www.hinduismtoday.com/blogs-news/hindu-press-international/ny-school-goes-vegetarian--student-test-scores-improve/13239.html>

7 Charts That Could Convince You to Become a Vegetarian (Vegan) -
<http://www.businessinsider.com/reasons-to-go-vegetarian-in-charts-2013-10>

Improved Test Scores for Veg School in Queens - <http://www.ecorazzi.com/2013/10/18/queens-school-goes-vegetarian-sees-results/>

Argentina’s Meat Consumption Declining -
<http://vegnews.com/articles/page.do?pageId=6244&catId=8>

Canadian Egg Exposé - <http://www.ctvnews.ca/w5/undercover-investigation-reveals-horrific-conditions-within-egg-industry-1.1503296>

Loud Sounds- Dairy Cows Missing Their Babies -
<http://www.newburyportnews.com/local/x1442590990/Strange-noises-turn-out-to-be-cows-missing-their-calves>

Small Free-Range Egg Producers Problems – Forbes – James McWilliams -
<http://www.forbes.com/sites/jamesmcwilliams/2013/10/23/small-free-range-egg-producers-cant-escape-problems-of-factory-farms/>

Robert Goodland – Dietary Recommendations to Ameliorate Global Warming – excellent short video -
<http://www.drncdougall.com/health/education/videos/advanced-study-weekend-experts/robert-goodland-deforestation/>

Vegans Have Lowest BMI - <http://www.pcrm.org/health/medNews/vegan-diets-associated-with-lower-weights>

