

May 2013 – Resources for World Peace Diet Circle

Compiled by Dr. Will Tuttle,
For World Peace Diet Circle Members

"If you want to awaken all of humanity, then awaken all of yourself. If you want to eliminate the suffering in the world, then eliminate all that is dark and negative in yourself. Truly, the greatest gift you have to give is that of your own self-transformation." --Lao Tzu

Dr. Tuttle's latest article on One Green Planet – "Finding the Divine Mother Within Us All" - <http://www.onegreenplanet.org/animalsandnature/finding-the-divine-mother-within-us-all/>

Beautiful video about compassion for animals by Tibetan lama - http://www.youtube.com/watch?v=8mBuVU023aM&feature=player_embedded

Emily Deschanel on Cruelty of Dairy Production - <http://www.peta.org/tv/videos/celebrities-vegetarianism/2289270537001.aspx>

Was Jesus a Vegetarian (Huffington Post) - http://www.huffingtonpost.com/kamran-pasha/was-jesus-a-vegetarian_b_276141.html

Jainism's Greatest Gift: Ahimsa - <http://faithinmemphis.com/2011/04/16/francione-jainisms-greatest-gift-ahimsa/>

The Business of Being Born – Interesting video about birth in America - <http://vimeo.com/50212333>

Dairy Industry Claims Singeing Udders Not Painful to Cows - <http://goo.gl/NnwhM>

Should We Give Up Burgers to Stop Climate Change? - http://www.salon.com/2013/05/02/would_we_give_up_burgers_to_stop_climate_change/

Paul Seymour's Initiative – A Plant to Save Life - <http://paulseymour.com.au/The%20Seymour%20Initiative.htm>

Is Red Meat the new Cigarettes? - <http://dissidentvoice.org/2013/04/is-red-meat-the-new-cigarettes/>

New invention – Vegan fried egg - <http://mouthwateringvegan.com/2013/04/27/the-perfect-vegan-fried-egg-sunny-side-up/>

Beyond Meat CEO – Meat going the way of the Horse & Buggy - <http://gigaom.com/2013/05/07/beyond-meat-ceo-one-day-eating-meat-will-have-no-connection-to-animals/>

Mad Cowboy Video by Howard Lyman - <http://www.youtube.com/watch?v=piZmH4gzyqs>

The nutritional benefits of being a "starchitarian" (McDougall) - <http://www.drmcDougall.com/misc/2013nl/apr/careful.htm>

Ground Turkey Study Finds More Than Half Of Samples Contaminated With Fecal Bacteria - http://www.huffingtonpost.com/2013/04/30/ground-turkey-study-fecal-bacteria_n_3186285.html

First all-vegetarian public school in US – in NYC - <http://abcnews.go.com/Health/wireStory/nyc-elementary-school-adopts-vegetarian-menu-19077251#.UYFNEys9xg8>

Beyond Meat CEO Says Meat Going Out - http://www.huffingtonpost.com/2013/05/09/beyond-meat-ceo-future_n_3239485.html

Save Elephant Foundation in Thailand – Video of a Young Elephant – Caution! – Extreme Cuteness! - http://www.youtube.com/embed/bu_E2f0mQmI?rel=0

Is China Ready to go Vegetarian? - <http://www.independent.co.uk/voices/comment/is-china-ready-to-go-vegetarian-8591486.html>

First Ag-Gag Prosecution in Utah – Whoa! - <http://www.greenisthenewred.com/blog/first-ag-gag-arrest-utah-amy-meyer/6948/>

A victory in Europe - Bee-harming neonicotinoids (by Bayer) are banned!- http://www.guardian.co.uk/environment/2013/apr/29/bee-harming-pesticides-banned-europe?CMP=tw_t_gu

A Vegan Office in DC - <http://goo.gl/9WUzJ>

Activists in Israel have inserted murdered chicks (from hatchery's bins), into egg cartons all around the country. <http://goo.gl/tqwxA>

Brain Frontal Lobes Not Sole Center of Human Intelligence (contrary to Paleo Diet)s http://www.eurekalert.org/pub_releases/2013-05/du-bfl051013.php

Israeli Activists Street Theater – Milking a Woman and Stealing Her Baby - https://www.youtube.com/watch?feature=player_embedded&v=3R6bqSzAsc8

Tennessee Governor Vetoes Ag-Gag Bill - http://www.tennessean.com/article/20130513/NEWS/305130041/Governor-vetoes-ag-gag-bill?nclick_check=1

Hilarious! Silk almond milk ad you don't want to miss - <http://vimeo.com/60045795>

