

June 2013 – Resources for World Peace Diet Circle

Compiled by Dr. Will Tuttle,
For World Peace Diet Circle Members

“Whatever joy there is in this world, all comes from desiring others to be happy,
And whatever suffering there is in this world, all comes from desiring myself to be happy.”
– Shantideva

Dr. Tuttle’s latest article just published on One Green Planet – “Learning Unconditional Love From Animals” - <http://www.onegreenplanet.org/animalsandnature/learning-unconditional-love-from-animals/>

WPD Facilitator Micky Werk helped organize this recent lecture Dr. Tuttle gave in Monterey - got an excellent write-up in the local newspaper - <http://goo.gl/CJJpZ>

Dr. Tuttle radio interview with Dr. Don from AZ - <http://www.thedrdonshow.com/2013/05/28/dr-will-tuttle-2/>

Dr. Tuttle speaking in Buffalo, NY – 15’ Excerpt - <http://www.youtube.com/watch?v=gwXTwCRpJvQ>

Terrific video about Global Climate Change and Animal Agriculture – more valid now than when it was made, also... <http://vimeo.com/16555970>

Is Meat Addictive? It contains caffeine-like stimulants! = <http://www.nutrientrich.com/news-story/is-meat-addictive.html>

EPA Backs Off Factory Farm Pollution Regulation – NY Times - http://www.nytimes.com/2013/06/15/opinion/the-epa-backs-off-on-factory-farms.html?nl=todaysheadlines&emc=edit_th_20130615&_r=1&

Official Position of the American Dietetic Association on Vegetarian and Vegan Diets - <http://www.ncbi.nlm.nih.gov/pubmed/19562864>

World’s largest vegan store and first vegan avenue (in Berlin!) - <http://www.happycow.net/blog/?p=5060>

Excellent Overview By Farm Sanctuary Featuring Steve-O – “What Came Before” - <http://www.youtube.com/watch?v=pNxcylWLEH8>

FDA Conceals Levels of Arsenic in Chicken - <http://www.medicaldaily.com/articles/15472/20130513/arsenicals-arsenicchicken-fda-poultryindustry-foodandwaterwatch.htm#BOsC9M4JhlsKc0pO.99>

A Brief For Animals (Excellent article) - <http://www.paulcraigroberts.org/2013/06/05/a-brief-for-animals-paul-craig-roberts/>

Compilation of Long-Term Vegans - <http://thevegantruth.blogspot.com/2013/03/a-compilation-of-long-term-vegans-our.html>

Veganic Farming and Gardening – Important info - <http://arzone.ning.com/forum/topics/veganic-farming-and-gardening>

McDonald's Closing All Restaurants in country of Bolivia as Bolivians Reject Fast Food - http://www.naturalnews.com/040752_Bolivia_McDonalds_restaurants_fast_food.html

Ag-Gag Bills – the Stupidest Thing Ag Ever Did - http://www.huffingtonpost.com/paul-shapiro/ag-gag-bills_b_3396117.html

Vegan Summer Camp for Teens – CA, OR, MA - http://yeacamp.org/?page_id=5

Amazing - Mysterious Poop foam Causes Explosions on Hog Farms - <http://www.motherjones.com/tom-philpott/2013/05/menace-manure-foam-still-haunting-huge-hog-farms>

Meat Scraps Reprocessed into Ice Cream - http://www.naturalnews.com/040742_meat_scraps_ice_cream_animal_protein_hydrolysates.html

Are We Doomed Unless the World Goes Vegan? - <http://compassionatespirit.com/Keith-Blog/2011-09-28.htm>

The Myth of Humane Treatment – by Tom Regan - <http://www.animalsvoice.com/regan/?p=1583>

Baby Vegetarian Floors Mom with Precocious Opposition to Eating Animals - <http://gawker.com/baby-vegetarian-floors-mom-with-precocious-opposition-t-510672747>

Little Luiz from Italy Refusing to eat Animals - <http://gawker.com/baby-vegetarian-floors-mom-with-precocious-opposition-t-510672747>

Meatless Mondays Approved for San Diego School District - <http://www.kusi.com/story/22504963/meatless-mondays-approved-for-sdusd>

I'm Ashamed to Have Been a Vegetarian for 50 Years - http://www.huffingtonpost.ca/elise-desaulniers/vegetarian_b_3361223.html?just_reloaded=1

Processed Meats Declared Too Dangerous for Human Consumption - <http://dreamhealer.wordpress.com/2013/05/16/processed-meats-declared-too-dangerous-for-human-consumption/>

50 Years Young: The Enduring Vitality of Vegans - <http://vegnews.com/articles/page.do?pageId=5750&catId=5>

Another Study Links Egg Consumption to Prostate Cancer - <http://www.mfablog.org/2013/05/another-study-links-egg-consumption-to-prostate-cancer.html>

One-Third of Honeybee Colonies Died Last Year - http://www.naturalnews.com/040347_honeybees_Colony_Collapse_Disorder_pollinators.html

Third Vegan Supermarket Opens in Germany - <http://ofcoursevegan.com/2013/03/30/germanys-vegan-supermarket-opens-third-location/>

Doctors Endorse Vegan Diets for Pregnancies - <http://scienceblog.com/19099/doctors-endorse-vegan-and-vegetarian-diets-for-healthy-pregnancies/>

Feeding the World With Test tube Cows – Heifer International -
<http://revolutionaryspirits.blogspot.com/>

Veg Fest Colorado in Denver coming in July! http://vegfestcolorado.org/Home_Page.html

Michael Pollen Talks Trash About Chickens - <http://freefromharm.org/animal-products-and-culture/michael-pollan-talks-trash-about-chickens-just-like-bigag-he-denounces/>

Why Bill Gates is Investing in Chicken-less Eggs (NPR) – Josh Tetrick of SF, CEO of Beyond Eggs - <http://www.npr.org/blogs/thesalt/2013/06/13/191029875/why-bill-gates-is-investing-in-chicken-less-eggs>

Veganism Increasing in India - http://articles.timesofindia.indiatimes.com/2013-06-17/diet/40027123_1_vegan-diet-dairy-products-lifestyle

Welcome to the Community – great video for new vegans! -
<http://www.youtube.com/watch?v=xGqCRHpnMZw>

Damien Mander – Mercenary from Australia – Warrior for Animals – a Must See!
http://www.youtube.com/watch?feature=player_embedded&v=9FCsyK4aRXQ

Dr. Tuttle Speaking at Veg Summerfest - <http://www.youtube.com/watch?v=SE13t7LEiJY>

Paul Craig Roberts on how other animals rebel - <http://www.paulcraigroberts.org/2013/06/05/a-brief-for-animals-paul-craig-roberts/>

How to Share Difficult Information Without Losing Friendships – (not vegan, but helpful) –
<http://goo.gl/Ky7LG>

Kaiser Permanente’s New Goal – Get Patients, Doctors, and Employees (190,000 employees alone!) to Adopt Plant-Based Diets! – “We should invite our colleagues, patients, and their families to a shared decision-making process with the goal of adopting a plant-based diet and a regular exercise program.”
<http://www.thepermanentejournal.org/issues/2013/spring/5117-nutrition.html>

