

September 2013 – Resources for World Peace Diet Circle

Compiled by Dr. Will Tuttle,
For World Peace Diet Circle Members

“You never change things by fighting the existing reality. To change something, build a new model that makes the existing model obsolete.” – Buckminster Fuller

Most recent blog post by Dr. Tuttle – VegSource – “The Mechanisms of Denial” -
<http://www.vegsource.com/dr-will-tuttle/the-mechanisms-of-denial.html>

Recent Interview with Dr. Tuttle on Vancouver’s Animal Voices: <http://goo.gl/r53j8V>

Great website created by a teen who is a WPD Facilitator to help kids go vegan!
<http://www.vegetarianyouth.com/>

Salon Magazine – Chicken Is Killing the Planet –
http://www.salon.com/2013/09/16/chicken_is_killing_the_planet/

Sustainable seafood is a fantasy -
http://www.salon.com/2013/08/17/sustainable_seafood_is_a_fantasy/

Online Debate – Paleo vs Vegan - <http://experiencelife.com/article/paleo-vs-vegan/>

Humans Designed to Eat Plants – Vancouver Sun -
<http://www.vancouver.sun.com/health/Humans+designed+plants/8832264/story.html>

Veg E-News - http://www.lholmesassociates.com/cgi-bin/veg/nologo/nologo_newsletter_webpage.pl

Raleigh, NC, Rejects HSUS Bus Ads of Pig Cruelty - <http://www.care2.com/causes/gestation-crate-ads-too-negative-for-buses-in-this-pork-producing-state.html>

Vegan Hiker Breaks Pacific Crest Trail Record - <http://goo.gl/r1IERU>

Dr. McDougall urges us not to be too distracted by GMO question -
<http://www.dr.mcdougall.com/misc/2013nl/aug/gmo.htm>

Mike Tyson’s Vegan Life - <http://www.dailymail.co.uk/femail/article-2307141/How-Mike-Tyson-lost-100lbs-vegan-diet-rid-body-bad-cocaine--hes-male-star-lose-weight-healthy-regime--.html>

Little Luis Won’t Eat Octopus (English subtitles) -
<http://www.youtube.com/watch?v=9j85JUa1eFY&list=TLKo8Am6cnrz8>

Good summary of problems with raw food diet - <http://goo.gl/mSkkio>

Kathy Freston – God, Christianity, and Meat - http://www.huffingtonpost.com/kathy-freston/religion-vegetarianism-_b_3874652.html

Existing Cropland Could Feed Four Billion More by Dropping Biofuels and Animal Feed - <http://www.sciencedaily.com/releases/2013/08/130801125704.htm>

Vegan Strongman Breaks World Weight Lifting Record in Toronto - http://www.thestar.com/news/gta/2013/09/08/vegan_strongman_shoulders_550_kg_a_record_perhaps_at_vegetarian_food_fest.html

Impressive Vegan Strength and Balance Workout - <http://laughingsquid.com/vegan-calisthenics-expert-demonstrates-his-amazing-superhuman-bodyweight-workout/>

Our Earth - She's Alive... Beautiful... Finite... Hurting... Worth Dying for. <http://front.moveon.org/is-there-anything-more-beautiful-than-this/#.UiIN1WQ9xg-Livestock> and Climate Change - <http://theenergycollective.com/energyrefuge/193616/livestock-production-more-wasteful-new-report-says>

The Violence in Honey & Bee Products - <https://www.facebook.com/notes/markus-ziman/debate-39-vegans-versus-beegansvegans-who-eat-honey/577597955615344>

‘The War on Consciousness – TED Talk (banned) – by Graham Hancock - http://www.youtube.com/watch?v=SHbkEs_hSec

Fukushima much worse – eating fish is extremely dangerous - <https://www.facebook.com/notes/hans-lak/11-facts-about-the-ongoing-fukushima-nuclear-holocaust-that-are-almost-too-horri/10151852664236118>

Six Common Objections to a Vegan Diet that Stop People... <http://freefromharm.org/animal-products-and-psychology/six-common-objections-to-a-vegan-diet-that-keep-people-from-making-the-changes-they-say-they-want-to-make/>

