

December 2014 – Resources for World Peace Diet Circle

Compiled by Dr. Will Tuttle,
For World Peace Diet Circle Members

"If you want to know where you would have stood on slavery before the Civil War, don't look at where you stand on slavery today. Look at where you stand on animal rights." ~ Captain Paul Watson

The new book, *Circles of Compassion*, edited by Dr. Tuttle, is now available to pre-order on Amazon--
<http://amzn.to/1vWoIma>

Dr. Tuttle video interview (20') – Is Eating Dairy Compatible with Yoga?
https://www.youtube.com/watch?v=z_U0mjPzWkQ

Dr. Tuttle Interview on Mike Schwager's Enrichment Hour: <http://wsradio.com/111614-world-peace-diet-truth-interconnectedness-life/>

Dr. Tuttle's Interview on We Matter: <http://wematter.co/recordings/>

Madeleine Tuttle's New Intuitive Cooking Video – Festive Zucchini Strudel:
<https://www.youtube.com/watch?v=UPNwG77kuvM>

Our Gypsy Wulff's new book (4 years in the making!) is just released! – *Turning Points in Compassion*:
<http://www.turningpointsincompassion.info/> - highest recommendation!

Our Silva's 6-week Vegan Kickstart program - <http://www.earthdoor.com.au/6-week-vegan-kickstart/>

The grain grinders and whole grains that Madeleine uses can be found on Pleasant Hill Grain's website:
<http://pleasanthillgrain.com/>

The waterless cooking saucepans by HealthCraft Madeleine uses are here:
<http://www.healthcraft.com/categories/health-craft-cookware-usa/waterless-cooking-saucepans.html>

Our Sandra Higgins' Eden Sanctuary in Ireland – volunteer Clara's shares her insights:
<https://www.youtube.com/watch?v=PCoC6i-sLJU&feature=share>

Sandra Higgins on local radio (20') - <http://animalrightsireland.blogspot.ie/2014/11/sandra-higgins-of-eden-farmed-animal.html>

Our Veronique Perrot – Blog on Veganism & Inclusion:
<http://thevegancommunicator.wordpress.com/2014/12/04/veganism-is-about-inclusion/>

Campaign to Save Benjy, the Gay Bull: <http://www.crowdfunder.co.uk/Save-Benjy-The-Gay-Bull>
(Update! Our Sandra Higgins has agreed to provide a home for Benjy!)

Richard Oppenlander on Animal Ag as the source of California (and world) drought & deforestation:
<https://comfortablyunaware.wordpress.com/2014/11/25/freshwater-depletion-realities-of-choice/>

Excellent short video on Jesus Christ Being a Vegan -
<https://www.youtube.com/watch?v=Dx6J6jh1Dzo&index=1&list=FLatWFemHKbXkOVQ7b3LVFdQ>

New Documentary Film (a la Forks Over Knives) – *PlantPure Nation*:
<https://www.youtube.com/watch?v=9E6sa0OtjSE&feature=youtu.be>

NY Times: Abusing Chickens We Eat: http://www.nytimes.com/2014/12/04/opinion/nicholas-kristof-abusing-chickens-we-eat.html?ref=opinion&_r=0

Sam Simon narrates new short Chick-Fil-A Exposé - <http://www.chickfilacrueity.com/>

With the Eyes of Love by Christa Blanke – excellent book - <http://www.amazon.co.uk/Love-there-animals-Dispatches-front/dp/B008O54LHG>

New Pro-Vegan DVD: *Live and Let Live* - <http://www.letlivefilm.com/en/>

Vegans Have Less Stress & Anxiety - <http://www.pcrm.org/health/medNews/vegans-have-less-stress-and-anxiety>

Alan Savory's Flawed Science is Devastating – By George Monbiot:
<http://www.theguardian.com/environment/georgemonbiot/2014/aug/04/eat-more-meat-and-save-the-world-the-latest-implausible-farming-miracle>

Senator Cory Booker of NJ Goes Vegan - <http://www.mfablog.org/senator-cory-booker-goes-vegan>

Norm Phelps Calls Out Unitarians - <http://normphelps.org/an-open-letter-to-my-fellow-uus-on-animal-liberation/comment-page-1/#comment-179>

*The Real Reason Wheat is Toxic (It's Not the Gluten!) - <http://www.thehealthyhomeeconomist.com/real-reason-for-toxic-wheat-its-not-gluten/>

Article about UPC founder Karen Davis in USA Today:
<http://www.usatoday.com/story/news/nation/2014/11/18/poultry-sanctuary-saving-turkey-birds/19221563/>

A vegan burger that bleeds like meat: Impossible Foods from CA -
<https://www.facebook.com/video.php?v=725138127541438&set=vb.169905213064735&type=2&theater>

Hope Bohanec: The Truth About Thanksgiving Turkey: <http://freefromharm.org/animal-products-and-culture/thanksgiving-turkey/>

Vegan is the New Black: Martin Dingle Well from Australia: <https://www.youtube.com/watch?v=W-V93bGPFoc&feature=youtu.be>

Why Canadians Are Ditching Dairy: http://www.huffingtonpost.ca/twyla-francois/canadians-dairy-industry_b_6280934.html

U.S. Congress Tells Nutritionists not to Talk about Eco Impact of Foods:
<http://www.npr.org/blogs/thesalt/2014/12/15/370427441/congress-to-nutritionists-dont-talk-about-the-environment>

“Man” – short animated video (a bit snarky...) -
<https://www.youtube.com/watch?v=WfGMYdalCIU&app=desktop>

The Story of How a Turkey Became My Best Friend <http://t.co/pK7OtW9kLF>

Pacific BlueFin Tuna Pushed to Brink of Extinction: <http://www.cbsnews.com/news/sushi-eaters-pushing-pacific-bluefin-tuna-to-brink-of-extinction/>

97% of People are Deficient in this Nutrient: <http://www.drcarney.com/blog/entry/97-of-people-are-deficient-in-this-nutrient> (It's fiber!)

Why I'm a Blunt Judgmental Vegan - <https://www.youtube.com/watch?v=yAEqcsvuHYI>

DXE – First Action at a Grocery Store in Oakland - <https://www.facebook.com/video.php?v=872959569401060>

Message from the Future: Life Vs. Entropy by Garrett John - <https://www.youtube.com/watch?v=N0G-HmGy4WI&index=1&list=LLXsBERcZDP4Jp5UldjYPknw>

U.K. Daily Mail: Plant-based Diet Cures Diabetes: <http://www.dailymail.co.uk/health/article-2847116/How-vegetarian-CURE-diabetes-Plant-based-diets-improve-blood-sugar-levels-scientists-claim.html>

Short Quaker-inspired vegan song: “Eat Them As Long As You Can” - <https://westernfriend.org/media/eat-them-long-you-can-video>

Fish Rival Chimpanzees in Forming Cooperative Relationships: <http://www.psychologytoday.com/blog/animal-emotions/201409/fish-rival-chimpanzees-in-forming-cooperative-relationships>

Burger King Bigwig Starts Veggie Food company - <http://upstart.bizjournals.com/companies/startups/2014/11/30/burger-king-bigwig-goes-for-veggie-startup.html?page=all>

Respecting Gender Identity: <http://directactioneverywhere.com/theliberationist/2014/12/10/respecting-gender-identity>

Michael Greger – Dairy Estrogen & Male Fertility: <http://nutritionfacts.org/video/dairy-estrogen-and-male-fertility/>

Nathan Runkle: The Solution to Climate Change Isn't Difficult; It's Delicious - http://www.huffingtonpost.com/nathan-runkle/the-solution-to-climate-c_b_6245322.html

Vegan Myth-Busting – Mice are NOT killed in fields for grain for vegans! - <http://www.theflamingvegan.com/view-post/Vegan-Mythbusting-1-Are-wild-animals-killed-when-grain-is-harvested-for-vegans>

Significant problems with “research” done by Humane League: <http://veganpublishers.com/animal-advocacy-and-the-scientific-method-the-humane-research-council-study/>

Clever badger!! - <https://www.youtube.com/embed/c36UNSoJenI?rel=0>

