

February 2014 – Resources for World Peace Diet Circle

Compiled by Dr. Will Tuttle,
For World Peace Diet Circle Members

“It is certainly preferable to raise vegetables, and I think, therefore, that vegetarianism is a commendable departure from the established barbarous habit. That we can subsist on plant food and perform our work even to advantage is not a theory, but a well-demonstrated fact. Many races living almost exclusively on vegetables are of superior physique and strength. There is no doubt that some plant food, such as oatmeal, is more economical than meat, and superior to it in regard to both mechanical and mental performance. [...] In view of these facts every effort should be made to stop the wanton and cruel slaughter of animals, which must be destructive to our morals.” ~ Nikola Tesla, physicist and inventor

"A gentle sage, sees with equal vision, a learned brahmana, an elephant, a dog, and a dog eater" - Bhagavad-gita verse

Dr. Tuttle's recent article about Taiwan, Buddhism, Veganism, and his lecture tour there - <http://ct.ebizac.com/t.php/529984/0/B/H/2914558/1945/>

Dr. Tuttle's lecture in Perth about the World Peace - journalist even read the book! - <http://au.news.yahoo.com/thewest/entertainment/arts/a/21114615/how-to-eat-for-world-peace/>

Compassion, the Hidden Key to Wellness by Dr. Tuttle – The Shift Network (115,000 subscribers) - <http://theshiftnetwork.com/blog/2014-01-25/compassion-hidden-key-wellness?>

Dr. Tuttle Interview with Gina Silvestri – “World Peace on my Plate” (1 hour) - <http://www.blogtalkradio.com/livinglighterradio/2014/01/16/world-peace-on-my-plate>

Dr. Tuttle Interview with Team Earthling in Australia - <http://www.teamearthling.com/2014/01/bonus-episode-will-tuttle-and-world.html>

World Peace Diet Author in Toowoomba! - <http://www.river949.com/features/hot-topics/27286-world-peace-diet-author-in-toowoomba>

Pollination Project – Award to Vegan Publishers for Upcoming Book Edited by Dr. Tuttle - http://www.huffingtonpost.com/ari-nessel/generosity-and-compassion_b_4590063.html

The “Crickets” music we heard last month - <http://www.minds.com/blog/view/251724251730546688/someone-recorded-crickets-then-slowed-down-the-track-and-it-sounds-like-people-singing>

Great article on Taiwanese Buddhism's emphasis on helping people - <http://www.bbc.co.uk/news/world-asia-25772194>

The Intelligence of Birds (Chickens) - <http://www.mfablog.org/2014/02/when-bird-brain-became-a-compliment.html>

Pig Farmer Confessional – Raising Livestock May Be Wrong - <http://modernfarmer.com/2014/02/farm-confessional-raise-livestock-think-may-wrong/>

Excellent Article by Dr. McDougall Against *Wheat Belly* and *Grain Brain* - <http://www.drmcDougall.com/misc/2014nl/jan/smoke.htm>

Nearly 9 Million Pounds of Beef Recalled in CA - <http://www.realfarmacy.com/nearly-9-million-pounds-of-beef-recalled-usda-reasoning-is-suspect/#yXfXlzxasJeg1UuS.99>

Is Israel Going to be the First Vegan Nation? http://www.huffingtonpost.com/ari-nessel/generosity-and-compassion_b_4590063.html

Does Sex Sell Animal Rights? – New research Says No - <http://veganfeministnetwork.com/does-sex-sell-animal-rights-research-says-no/>

BBC – The Rise of Part-Time Vegans - <http://www.bbc.co.uk/news/magazine-25644903>

NY Times – According Animals Dignity – important piece – http://www.nytimes.com/2014/01/14/opinion/bruni-according-animals-dignity.html?_r=1

Swedish Farmers Give Kids Burgers on Meat-Free Wednesday - http://www.upi.com/Odd_News/2014/01/29/Swedish-farmers-giving-kids-free-burgers-on-meat-free-Wednesdays/UPI-93611391020288/#ixzz2ryxlgDuo

Time for a War on Cows? (Climate Change) - <http://www.fastcoexist.com/3024289/heres-an-idea/is-it-time-for-a-war-on-cows-and-sheep-and-goats?partner=rss>

Meet Jim Morris – the 78-Year-Old Vegan BodyBuilder - <http://enpundit.com/meet-jim-morris-78-year-old-vegan-bodybuilder/>

2014 – The Year of the Vegan – New York Magazine - <http://nymag.com/news/intelligencer/vegan-celebrities-2014-1/>

Grill'd Restaurant Chain in Australia Runs Controversial Animated Video of “Happy Meat” - <http://www.youtube.com/watch?v=cibLPDnGfuc>

Blood-type Diet Debunked by Univ. of Toronto Research - <http://news.utoronto.ca/popular-diet-theory-debunked>

If a Chicken Exists Only to Become Chicken Nuggets, Does It Really Matter How She Lived? http://www.huffingtonpost.com/elizabeth-kucinich/if-a-chicken-is-born-to-b_b_4674611.html
Current monthly Issue of Veg E-News - http://www.lholmesassociates.com/cgi-bin/veg/nologo/nologo_newsletter_webpage.pl

Japan Defends Killing Dolphins in Taiji Cove - http://www.cnn.com/2014/01/20/world/asia/japan-dolphin-hunt/index.html?hpt=hp_t1
Nine Social Justice Leaders You Never Knew Were Veg - <http://www.mfablog.org/2014/01/nine-social-justice-leaders-you-never-knew-were-veg.html>

Three Tips <http://www.cok.net/blog/2014/02/3-tips-for-vegans-living-in-a-non-vegan-household/>

Black Swans Taking Care of their Fish Friends -
<https://www.facebook.com/photo.php?v=1830995853705995>

