

## July 2014 – Resources for World Peace Diet Circle

Compiled by Dr. Will Tuttle,  
For World Peace Diet Circle Members

“This is a message to all those out there who think that you need animal products to be fit and strong. Almost two years after becoming vegan I am stronger than ever before and I am still improving day by day. Don't listen to those self-proclaimed nutrition gurus and the supplement industry trying to tell you that you need meat, eggs and dairy to get enough protein. There are plenty of plant-based protein sources and your body is going to thank you for stopping feeding it with dead-food. Go vegan and feel the power!”

Patrik Baboumian, the world's strongest man and a vegan

Dr. Tuttle's Presentation for the Summer of Peace: <http://summit.summerofpeace.net/program/8>

Excellent eco summary of animal ag - “Where Have All the Cow Pies Gone?” by our Judy Carman - <http://www.craigwolfeco.com/KansasChapter-Old/Planet/Planet-2014-0709.pdf>

Our Sandra Higgins Speaking on Compassion -  
<https://www.youtube.com/watch?v=RWuorTbIzgo>

Animal Flesh and Human Brain Evolution: Dispelling Myths – Interview by our Sandra Higgins, WPD Facilitator - <http://www.edenfarmanimalsanctuary.com/2014/07/04/animal-flesh-human-brain-evolution-dispelling-myths-2/>

How Much Your Meat Addiction is Hurting the Planet (Washington Post) -  
<http://www.washingtonpost.com/blogs/wonkblog/wp/2014/06/30/how-much-your-meat-addiction-is-hurting-the-planet/>

Should Vegans be Issued with a Mental Health Warning? - <http://www.thescavenger.net/social-justice-to-all/social-justice-for-animals/943-should-vegans-be-issued-with-a-mental-health-warning.html>

World's Oceans on Brink of Collapse - <http://www.commondreams.org/headline/2014/06/24-2>

UN's FAO: 70% of Disease Caused by Animal Agriculture:  
<http://veganomics.com/2014/02/02/70-percent-of-human-diseases-linked-to-animal-agriculture/>

Blood-type Diet Debunked - <http://nutritionfacts.org/video/blood-type-diet-debunked/>

July issue of The Peaceable Table - <http://www.vegetarianfriends.net/issue104.html>

Cowspiracy Calls Out Environmentalists - <http://www.peta.org/blog/environmentalists-caught-in-cowspiracy/#.U6WszLS5bok.gmail>

Fishing Industry Discards 20 Billion Pounds of Fish Annually - <http://www.mfablog.org/2014/07/fishing-industry-kills-and-throws-away-20-billion-pounds-of-fish-a-year.html>

PTSD in the Slaughterhouse - <http://www.texasobserver.org/ptsd-in-the-slaughterhouse/>

Comic relief! – You Haven't Lived Till You've Done Yoga With a Cat on You - <https://www.facebook.com/photo.php?v=10152312868961130>

USDA Inspectors Fail to Stop Slaughterhouse Torture & Abuse - <http://www.desmoinesregister.com/story/opinion/columnists/2014/06/21/usda-des-moines-humane-slaughter-act/11228013/>

UN Urges Global Move to Meat- and Dairy-Free Diet - <http://www.theguardian.com/environment/2010/jun/02/un-report-meat-free-diet>

Tyson Foods Dumps More than 18 Million Pounds of Toxic Chemicals in US Waterways Yearly - [http://www.naturalnews.com/045788\\_Tyson\\_Foods\\_pollution\\_toxic\\_chemicals.html](http://www.naturalnews.com/045788_Tyson_Foods_pollution_toxic_chemicals.html)

Bruno: A New Perspective on Happy Cows - <http://gentleworld.org/bruno-a-new-perspective-on-happy-cows>

Stephen Gaskin, Found of The Farm (Vegan Community Discussed in The World Peace Diet) Dies: <http://www.tennessean.com/story/life/2014/07/01/stephen-gaskin-founder-farm-dies/11934969/>

166 Documentaries to Expand Your Consciousness - <http://themindunleashed.org/2013/12/166-documentaries-expand-consciousness.html>

Beautiful Interspecies Playtime – Australian Magpie and Puppy <https://www.youtube.com/embed/qaEBb4IN4Q?rel=0>

Some U.S. Cities Growing Fruit in Public Parks - <http://www.takepart.com/article/2014/07/09/public-fruit-trees?cmpid=tpfood-eml-2014-07-12-mashups>

Street Interviews Questioning Ethics - <http://youtu.be/Y9eIvYyLUq8>

University of Oxford College Adopts Vegan Meal Plan to Fight Climate Change: <http://blueandgreentomorrow.com/2014/06/14/university-of-oxford-college-votes-for-vegan-meals-to-help-fight-climate-change-2/>

Veganism Cuts Your Carbon Footprint Drastically – Huffington Post - [http://www.huffingtonpost.com/2014/06/27/vegetarian-carbon-footprint\\_n\\_5538914.html](http://www.huffingtonpost.com/2014/06/27/vegetarian-carbon-footprint_n_5538914.html)

Why I'm Boycotting the Pink Ribbon - <http://eatwell-staywell.com/2011/12/31/why-im-boycotting-the-pink-ribbon/>



This pig survived her leap to freedom and is now in a sanctuary in China.