

August 2014 – Resources for World Peace Diet Circle

Compiled by Dr. Will Tuttle,
For World Peace Diet Circle Members

“Oh God, enlarge within us the sense of fellowship with all living things, our brothers the animals to whom Thou gavest the earth as their home in common with us. We remember with shame that in the past we have exercised the high dominion of man with ruthless cruelty so that the voice of the earth, which should have gone up to Thee in song, has been a groan of travail.”

St. Basil (Archbishop of Caesarea, 275 A.D.)

Dr. Tuttle’s Featured Spotlight Recording of his WPD Interview:

<http://summit.summerofpeace.net/spotlight/4ec2dbd71ea.8>

The Zen World Peace Diet (Dr. Tuttle) Vs. The Zen Butcher (Bartlett Durand):

http://host.madison.com/news/opinion/column/patricia-randolph-s-madravenspeak-the-zen-world-peace-diet-vs/article_1145ad14-c4cf-54a0-8c0a-6472279f102a.html

Short video of Sonoma County VegFest with Dr. Will Tuttle -

<https://www.youtube.com/watch?v=5NExHCgexE8>

Thanks to the valiant efforts of WPD facilitator Stefan Gutwin, the WPD is now published in German:

http://www.amazon.de/Ern%C3%A4hrung-Bewusstsein-Warum-nachhaltig-beeinflusst/dp/3861910535/ref=sr_1_1?ie=UTF8&qid=1405962590&sr=8-1&keywords=will+tuttle

Don’t Forget “World Peace Diet Sunday!” - Lily’s amazing weekly WPD free teleconference call – 5:00 p.m. Pacific; Telephone Number: 712-432-3900; Conference Access Code: 568364#

By our Michael Lanfield: Exposing the Wrongs of the Animal Rights Movement -

<http://worldpeacewriters.org/2014/08/exposing-wrongs-animal-rights-movement/>

Two Essays by Silva Mirovics, a WPD Facilitator – “The Magic Stop Button” -

<http://earthsdoor.com.au/2014/08/magic-stop-button/> and

On Eating an Apple... <http://earthsdoor.com.au/2014/07/apple-eat/>

75-year-old vegan is now a champion swimmer! Went vegan following reading The World Peace Diet

<http://www.swimmingworldmagazine.com/lane9/news/Commentary/39692.asp?q=The-Real-Benefits-of-Being-a-Vegetarian-Swimmer>

Robin Williams has “Tickle Fight” with Koko the Gorilla -

https://www.youtube.com/watch?v=_j1Hq8L28Us&app=desktop

Fish Playing With Human - <http://www.onegreenplanet.org/news/fish-playing-with-human/>

New Film – “Mission Blue” With Sylvia and the Devastation of Oceans:

<http://m.motherjones.com/environment/2014/08/netflix-sylvia-earle-mission-blue-ocean-conservation>

The Circular Glance – Award-Winning Short Film -

<https://www.facebook.com/photo.php?v=10151506419087089>

Inflatuation (comedy YouTube) by Anne Dinshah & music by Dr. Tuttle - <https://www.youtube.com/watch?v=i9UfMRbBJi0>

James Cameron – Go Vegan & Save the Planet – CNN - <http://www.cnn.com/video/data/2.0/video/health/2014/08/08/orig-vegan-cameron.cnn.html>

Powerful 15-minute audio interview about Vegan Dog & Cat Food! - https://www.youtube.com/watch?v=6_X3GcuF3e4&feature=youtu.be

SeaWorld Stock Collapsing Due to Blackfish Film - <https://www.thedodo.com/seaworld-stock-plunges-as-blac-670698199.html>

Vegans Are Best Weapon Against Global Warming - <http://mic.com/articles/92421/vegetarians-may-be-the-best-weapon-against-one-of-our-generation-s-biggest-threats>

James Cameron – Only Veganism Can Save Us Now - <http://www.mfablog.org/2014/08/james-cameron-only-veganism-can-save-us-now.html>

Kim Williams, MD: Vegan Diet, Healthy Heart? - <http://thewaytoeat.ca/2014/07/26/cardiobuzz-vegan-diet-healthy-heart/>

Fish Can Multi-Task! - <http://cok.net/blog/2014/08/fish-can-multitask/>

Why Are Massive Numbers of Sea Creatures Dying Along the West Coast right Now? <http://www.activistpost.com/2014/07/why-are-massive-numbers-of-sea.html#!braNfE>

Fabulous joy-filled song celebrating vegan living by Rastafarian Macka B: <https://www.youtube.com/watch?v=FLqjLn0W5K0&app=desktop>

Mark Bitman, NY Times: The True Cost of a Burger - http://www.nytimes.com/2014/07/16/opinion/the-true-cost-of-a-burger.html?smid=tw-share&_r=1

CNN – The Argument for Eating Dog (and Not Eating Pigs et al) - <http://www.cnn.com/2014/07/23/opinion/sutter-dog-meat-ethics/index.html>

Marshall, Texas, mayor shares the secrets to health with Oklahoma - <http://www.news9.com/story/25960139/texas-mayor-shares-secrets-of-his-vegan-town-with-oklahoma>

If I Give up Beef (Effect of *Cowspiracy* on a Carnivore) - <http://www.elephantjournal.com/2014/07/if-i-give-up-my-burger-can-i-keep-my-bacon-deborah-montesano/>

The Complexity of Animals – Guinea Pigs Playing Basketball - <http://www.psychologytoday.com/blog/animal-emotions/201408/guinea-pigs-playing-basketball-teaching-and-enrichment>

10 Facts the Dairy Industry Doesn't Want You to Know - <http://freefromharm.org/dairyfacts/>

Vegan Angela Davis Connects Human and Animal Liberation - <http://speciesandclass.com/2014/08/06/vegan-angela-davis-connects-human-and-animal-liberation/>

Abuse of Bees for Honey – Good Summary - <http://vegangrammie.com/2014/08/bees-are-buzzing-around-this-vegans-head/>

Mayo Clinic – The Risks of **Not** Going Vegan -

<http://healthletter.mayoclinic.com/editorial/editorial.cfm/i/397/t/The%20risks%20of%20not%20going%20meatless/>

Stop Blaming Veganism for not Being Vegan – Gary Smith-

<http://thethinkingvegan.com/articles/stopblamingveganism/>

The Down-Side to No-kill Dairies - <http://m.motherjones.com/environment/2014/07/downside-no-kill-dairies>

Good Overview of the Reasons to Boycott Bee Products - <http://vegangrammie.com/2014/08/bees-are-buzzing-around-this-vegans-head/>

Cows playing! - <https://www.facebook.com/photo.php?v=763264717031925>

Short Video – Ist it Morally Permissible to Kill Animals for Food? -

<https://www.facebook.com/groups/worldpeacediet/permalink/10152761908974180/>

Navaho Indians Go Plant-Based to Reduce Diabetes -

<http://indiancountrytodaymedianetwork.com/2014/07/30/navajo-nation-turns-plant-based-foods-reverse-diabetes-156110>

Russell Brand’s Vegan Food Prison -

https://www.youtube.com/watch?v=Gty4sUB0jzg&google_comment_id=z135v3wgmV2vv1awj04citw0jsrrzhszvyo0k

Discussion With Dairy Operator by WPD reader in Canada -

<https://www.youtube.com/watch?v=YOxhVZqZLW4&feature=youtu.be>

The U.S. Throws Out \$1 Billion Every Year (20 billion pounds – 20%):

<http://www.nationaljournal.com/domesticpolicy/the-u-s-throws-out-1-billion-worth-of-unwanted-fish-every-year-20140627>

NPR – Going Vegan is the Masculine Thing for These Guys -

<http://www.npr.org/blogs/thesalt/2014/07/21/332329709/for-these-vegans-masculinity-means-protecting-the-planet>

Got Chlorine? Your Chicken Might - <http://www.livescience.com/46864-chlorine-cleaned-factory-chickens.html>

Dairy Decline, Plant-milks Ascending - <http://www.mfablog.org/2014/07/mooove-over-cows-milk.html>

We Have Plenty of Land to Feed Everyone, Study Shows:

http://www.huffingtonpost.com/2014/07/17/feed-growing-population_n_5595248.html

Common Dreams: Soaring Meat Consumption and Global Warming -

<http://www.commondreams.org/news/2014/07/22/soaring-meat-consumption-bigger-problem-thought-study>

The Meat You Don't Need

Anonymous

*I will never see the sun rise. I will never see it set.
I will never feel a kind touch. I will never be a pet.
I will never feel loved or be loved, as I'm led to my murder,
Being prodded, poked and shoved.*

*As they cut my tender skin, I wondered if anyone cared.
If anybody out there would consider my despair.*

*For you did not see me die, and you did not see me bleed.
You did not hear me cry before you ate the meat that you don't need.*

*You did not watch them kill me. You could not feel my pain.
You will try not to think of me, as you blindly eat again.*

*I was the cow you ate on Monday. The pig you had the midweek.
I was the turkey you ate for Christmas. I was the calf you had to eat.*

*I was the chicken in your sandwich, and the duck you had
with tea. I felt pain beyond belief, but you never thought of me.*

*Because thinking can be painful, and you refuse to see,
that for every time you eat meat, those animals must bleed.*

*The cow was killed for Monday. The pig was butchered too.
The turkey lived for 16 weeks, and the baby calf had died for you.*

*The chicken lived inside a cage. The duck could hardly move.
All this needless suffering occurred for so-called food.*

*I fail to see a reason, as there is no need. When humans
eat my meat, it is purely for their greed.*

*You may think you're above me. That you have the advantage.
But a kind, innocent creature, is better than a savage.*

*So next time you're out shopping, try to feel some guilt.
For the animals that have died, for your eggs, your meat and milk.*

*My heroes are those people, who will not bite into me.
So I ask a simple favor. Please stop eating meat.*

*I'm asking for the cows, the pigs and all the sheep.
Who are much more important than just some cruel unhealthy treat.*

*They can't speak themselves, so please let's be their voice.
Every animal born into this, for them there was no choice.*

*For you did not see me die, and you did not see me bleed.
You did not hear me cry, for the meat that you don't need.*