

September 2014 – Resources for World Peace Diet Circle

Compiled by Dr. Will Tuttle,
For World Peace Diet Circle Members

“I think there is enormous potential for powerful vegan advocacy if we can turn that impression [that vegans are telling people what to eat] on its head and help people see that, in fact, others have been telling them all their lives what to eat, and they now have the chance to challenge these habits that were forced upon them and make different (and better) choices.” – Chrissy Benson, WPD Facilitator-in-training

“The yogi believes that every creature has as much right to live as he has. He believes that he is born to help others and he looks upon creation with eyes of love. He knows that his life is linked inextricably with that of others and he rejoices if he can help them to be happy.” BKS Iyengar

New Essay by Dr. Tuttle: Untangling Vegan Dilemmas - <http://www.idausa.org/untangling-vegan-dilemmas/>

Video of Sonoma VegFest, featuring Dr. Tuttle - <https://vimeo.com/104467671>

Dr. Tuttle – WPD Excerpt – “On Nonhuman Slavery” - <http://www.nonhumanslavery.com/how-did-we-get-here-the-rise-of-the-dominatorherding-culture-by-will-tuttle>

2008 SMCH Global Climate Change Conference in L.A. – 4-hour video – fascinating! – Includes presentations by Dr. Tuttle
[http://www.michaellanfield.com/downloads/SOS%20conference%20in%20LA%20\(2008\)%20.wmv](http://www.michaellanfield.com/downloads/SOS%20conference%20in%20LA%20(2008)%20.wmv)

Sept. 21 is International Peace Day – Dr. Tuttle’s interview for Summer of Peace:
<http://summit.summerofpeace.net/program/8>

Vegan Mythbusting #2: Eating Meat Gave Our Ancestors Bigger Brains -
<http://www.theflaminglevegan.com/view-post/Vegan-Mythbusting-2-Eating-Meat-Gave-Our-Ancestors-Bigger-Brains>

12 Reasons Why Cowspiracy is the Next Blackfish - <http://www.peta.org/features/cowspiracy-next-blackfish/>

By Our Silva Mirovics – Organic Produce is Worth It - <http://earthdoor.com.au/2014/08/organic-produce-is-worth-it/>

Veganic is the New Permaculture – By our Michael Lanfield -
<http://www.openpermaculture.com/magazine/veganic-new-permaculture-part-2>

Spoof – 8 Reasons Going Vegan is not for Everyone - <http://veganbros.com/8-reasons-choosing-vegan-diet-may/>

Two Excellent spoofs by our WPD Facilitator Chrissy Benson: 1.) <http://www.thespoof.com/spoof-news/magazine/12877/paleo-diet-is-out-new-socio-diet-sweeps-nation>
2.) <http://www.thespoof.com/spoof-news/us/121770/new-study-shows-blood-of-newborn-babies-is-harmful-to-health-and-the-environment>

Bridges and Walls by Wayne Hsiung -

<http://directactioneverywhere.com/theliberationist/2014/9/16/bridges-and-walls>

Uplifting! – Beagle Freedom Project - <https://www.youtube.com/watch?v=6qt42JMxBMw>

Was Ancient Man a Vegetarian? – New Study on Neanderthals! -

http://www.salon.com/2012/08/27/was_ancient_man_a_vegetarian/

Truthout: Foodies, Feds and Factory Farms: Why We Need Vegans Now More Than Ever -

<http://www.truth-out.org/opinion/item/26157-foodies-feds-and-factory-farms-why-we-need-vegans-now-more-than-ever>

Neal Barnard: ALS Association: Put Animal Experiments on Ice!

<http://www.pcrm.org/nbBlog/index.php/als-association-put-the-animal-experiments-on-ice/>

Latest Issue of VegE-News - http://www.lholmesassociates.com/cgi-bin/veg/nologo/nologo_newsletter_webpage.pl

The plight of factory-farm workers - http://www.huffingtonpost.com/lucas-spangher/plight-of-factory-farm-workers_b_5662261.html?utm_hp_ref=business&ir=Business

Fish Rival Chimpanzees in Social Relations - <http://www.psychologytoday.com/blog/animal-emotions/201409/fish-rival-chimpanzees-in-forming-cooperative-relationships>

This American Life – Elias (age 7) won't eat meat or let anyone else either! -

<http://www.thisamericanlife.org/radio-archives/episode/516/transcript>

Japan Times: Tallying the Environmental Cost of Meat -

http://www.japantimes.co.jp/life/2014/08/23/environment/tallying-environmental-cost-meat#.U_qt44CwIxo

More on Allan Savory & Livestock Devastation: <http://terrastendo.net/2014/08/23/more-on-savory-livestock-and-climate-change/>

Oversaturation of Fat in the Media - <http://nutritionstudies.org/oversaturation-of-fat-in-the-media/>

Happy Pigs Make Happy Meat? http://www.huffingtonpost.com/bob-comis/happy-pigs-make-happy-meat_b_4790902.html

Kaiser Permanente Guide to Healthy Eating/Living – (very vegan friendly) -

http://www.jeffnovick.com/RD/Articles/Entries/2014/8/22_Healthy_Living_Eat_Healthy_Live_Better_A_Guide_To_Plant_Based_Nutrition_files/HEALTHYLIVINGPROGRAMBOOK.pdf

Lydia's Vegan Sunflower Center in Petaluma Closes -

https://www.youtube.com/watch?v=JcGl0pJp3EU&feature=em-share_video_user

Mutant Fish Found in Susquehanna River - <http://america.aljazeera.com/articles/2014/8/15/intersex-fish-inthesusquehannariver.html>

Angel Honig (WPD vegan educator) and her Flying Yoga - <http://youtu.be/UytuaN-iqZ8>

WHAT HAVE I GOT TO DO TO MAKE YOU LOVE ME?



WHAT HAVE I GOT TO DO TO BE HEARD?