

January 2015 – Resources for World Peace Diet Circle

Compiled by Dr. Will Tuttle,
For World Peace Diet Circle Members

“Never depend upon institutions or government to solve any problem. All social movements are founded by, guided by, motivated and seen through by the passion of individuals.”
— Margaret Mead

New Essay by Dr. Tuttle: “Beyond Herderism” - <http://www.idausa.org/beyond-herderism/>

Interview with Dr. Tuttle with our Marlene Narrow, for her new radio show on WCUW in Worcester, MA: <http://wcuw.org/vegannation/vegannation.010215.mp3>

Guest Essay by Dr. Tuttle for *The Peaceable Table* online magazine: <http://www.vegetarianfriends.net/issue110.html>

Interview with Dr. Tuttle for Abolitionist-Online: <http://www.casadeluz.org/austin/casa/content/interview-will-tuttle-author-world-peace-diet>

All-Star Wishes for a Vegan New Year, including Dr Tuttle: <http://veganstreet.com/veganliving-newyear2014.html>

Our Pamela Ziemann – What You Eat Today Affects How You Feel Tomorrow: <https://www.youtube.com/watch?v=tvhxDW3DpJw&feature=youtu.be>

Our Kip Andersen of Cowspiracy – Take Action for Wild Horses: <http://www.cowspiracy.com/take-action/2014/12/18/take-action-for-wild-horses-and-burros>

Our Veronique’s Essay – Intelligence of the Heart: <http://thevegancommunicator.wordpress.com/2014/12/30/intelligence-of-the-heart/>

Our Susan Pitcairn’s Blog – “Cowspiracy – Film of the Decade” - <http://susanpitcairn.com/blog/84311/film-of-the-decade-cowspiracy-the-sustainability-secret>

Gerry Yokota of Japan – “My World Peace Diet Recipes Slideshow: - <https://www.slideshare.net/secret/3Gcy8dPWKSKGTs>

Argentine Court Rules Orangutan in Non-Human Person and Must be Freed: http://www.huffingtonpost.com/2014/12/21/orangutan-argentina_n_6363582.html

Excellent new Vegan Documentary film from Germany “Live & Let Live” on Vimeo: <https://vimeo.com/ondemand/liveandletlivefilm>

Ranchers: The Real Eco-Terrorists – CounterPunch: <http://www.counterpunch.org/2015/01/09/ranchers-the-real-eco-terrorists/>

Chicken-Slaughtering Pin-up Girls: <http://modernfarmer.com/2014/08/painting-farm-red-chicken-slaughtering-pinup-girls-marion-acres/>

3 Dietary Lifestyles Up Close – the L.A. Times: <http://www.latimes.com/health/mentalhealth/la-he-diet-lifestyle-20150110-story.html#page=1>

Updated Gary Yourofsky video - https://www.youtube.com/watch?v=_K36Zu0pA4U&app=desktop

Meat Industry's Worst Nightmare Could Soon Become Reality – Washington Post: <http://www.washingtonpost.com/blogs/wonkblog/wp/2015/01/07/why-the-governments-new-dietary-guidelines-could-be-a-nightmare-for-the-meat-industry/>

Moby & Jane Velez-Mitchell on the Future of the Animal Protection Movement: <https://www.youtube.com/watch?v=FnVxBhseFxE#action=share>

Vaporized Pig Brains Later Torture Slaughterhouse Workers: http://blogs.citypages.com/blotter/2014/12/book_vaporized_pig_brains_are_torturing_austins_migrant_meatpackers.php

Arial Drone Footage of Factory Farms - <https://www.facebook.com/video.php?v=10152858625736508>

Cows Use Individualized Calls - <http://www.scienceworldreport.com/articles/20066/20141215/speak-cows-language-scientists-eavesdrop-cattle-conversations.htm>

Current Veg E-News: http://www.lholmesassociates.com/cgi-bin/veg/nologo/nologo_newsletter_webpage.pl

New short video by Dave Rogers – on human imprisonment of animals - <https://www.youtube.com/watch?v=nN8eo-ngN6A&feature=youtu.be>

Humans & lions living in harmony: <https://www.facebook.com/video.php?v=423713444398129&set=vb.177967142306095&type=2&theater>

Foie Gras is now legal in California: <http://sf.eater.com/2015/1/7/7510059/foie-gras-relegalized-california-2015>

Here's a list of animal natural life spans vs. farmed animal life spans:

Cattle 25-30 years (1-2 years)

Sheep 15 years (3-10 months)

Pigs 15 years (3-6 months)

Chickens 10 years (6 weeks)

Egg-laying hens 10 years (18 months)

Turkeys 10 years (12-26 weeks)

Rabbits 6-8 years (6-8 weeks)

Calves 1 day to 20 weeks

Male chicks: ground up alive at birth



**César
Chávez**
(1927 – 1993)

“Only when
we have
become
nonviolent
towards all
life will we
have learned
to live well
with others.”