

## October 2015 – Resources for World Peace Diet Circle

Compiled by Dr. Will Tuttle,  
For World Peace Diet Circle Members

“The thing that became abundantly clear to us when we met with the experts who are working in nutrition and energy sustainability and climate change is that we can’t actually meet our emission goals if we don’t address animal agriculture, and that’s the thing that’s been left out of the conversation.”- James Cameron, [You Too Can Save The World](#)

Dr. Tuttle’s recent essay, Burning Dinner: Reflections on the Valley Fire:  
<http://www.worldpeacediet.com/2015/10/burning-dinner-reflections-on-the-valley-fire-2/>

Dr. Tuttle’s recent essay, Cowspiracy Now on Netflix: Satyagraha Lives:  
<http://www.worldpeacediet.com/2015/09/cowspiracy-now-on-netflix-satyagraha-lives/>

Dr. Tuttle & Madeleine speak and answer questions for World Peace Diet Sunday with Lily Macy: <https://app.box.com/s/6i9xwmo0xuxwp5e3rav1l6h630jgp5v6>

Dr. Tuttle’s lecture in St. Pölten, Austria (with German translation):  
<https://www.youtube.com/watch?v=VThUhZ3DYk8&feature=youtu.be>

Dr. Tuttle Interviewed in Zurich – (Short video) -  
<https://www.youtube.com/watch?v=cEGYnAp1gSU&feature=youtu.be>

Dr. Tuttle & Madeleine to be on World Peace Festival in Dubai: <https://youtu.be/nM-gIeFMtg4>

Dr. Tuttle’s “Talks at Google” Presentation: <https://www.youtube.com/watch?v=SvZpF1R6GUo>

Our Lorena Mucke’s Lecture Presentation on Humane Education at Farm Sanctuary:  
<https://www.youtube.com/watch?v=Nagdl6GLvDA>

Dr. Michael Klaper: My Problem With the Paleo Diet:  
<http://doctorklaper.com/answers/answers22/>

Virus Found in Dairy & Beef Linked to Breast Cancer:  
<http://www.pcrm.org/health/medNews/virus-in-dairy-linked-to-breast-cancer>

Rasta Vegan Song - <https://www.youtube.com/watch?v=0OIzAF1I7g8&feature=youtu.be>

PCRM’s Dairy Fact Sheet: <http://www.pcrm.org/sites/default/files/pdfs/health/Nutrition-Fact-Sheets/Dairy-Fact-Sheet.pdf>

Vegan Momma – Website for Pregnant Women & New Mothers <http://www.vegan-momma.com/>

Excellent short dairy video by Emily Deschanel/PETA -  
<https://www.youtube.com/watch?v=CiFXz2t65oo>

Bless the Children – Educating About Benefits of Vegan Food for Kids -  
<http://www.blessthechildrenproject.com/>

James Cameron Explains How You Too Can Save the World:  
<http://fortune.com/2015/09/14/james-cameron-sustainable-food/?p=1304402?p=1304402>

Half The Ocean's Animals Died Out in a Single Generation -  
<http://www.aol.com/article/2015/09/17/in-45-years-weve-lost-nearly-half-the-oceans-animals/21237301/>

Beware *Cowspiracy* and the Spread of the Vegan Virus -  
<http://newint.org/blog/2015/09/24/cowspiracy-documentary-vegan/>

My Trip to a Local Dairy Farm: Shall We Call This Humane? -  
<http://www.ourhenhouse.org/2015/09/my-trip-to-a-local-dairy-farm-shall-we-call-this-humane/>

Vegan emotions: which ones do you feel?? - <http://blog.bravebirds.org/archives/2854>

Excellent Interview with Dr. Milton Mills (begins 30 minutes in) -  
[http://www.unity.fm/episode/MainStreetVegan\\_082615](http://www.unity.fm/episode/MainStreetVegan_082615)

Heart-Touching Love Shared by Animals: <http://youtu.be/6pVcEb-M2sQ>

Guide to Going Dairy-Free: <http://freefromharm.org/food-products/your-guide-to-going-dairy-free/>

The Animal User's Lexicon – by Dr Joel Marks:  
<http://digitalcommons.calpoly.edu/cgi/viewcontent.cgi?article=2115&context=bts>

It's Time for Evangelicals to Speak Up for Animals:  
<http://www.usatoday.com/story/opinion/2015/09/30/animal-rights-religion-christian-evangelical-kirsten-powers-column/73028104/>

Timothy Pachirat: Video of lecture about Visibility in Animal Slaughter Operations -  
<https://www.youtube.com/watch?v=mmVdHdKuAm0>

New Zealand to Create Giant South Pacific Sanctuary Banning Fishing -  
<http://planetark.org/wen/73694>

The #1 Reason To Stop Eating Dairy: <http://www.mfablog.org/heres-the-1-reason-to-stop-eating-dairy>

The Spiked Nose Ring: A Symbol for all Dairy cruelty: <http://freefromharm.org/videos/farm-animal-investigations/the-spiked-nose-ring-a-symbol-for-all-dairy-cruelty/>

The hideous abuse of fish: <http://www.all-creatures.org/articles/ar-fish-fishes-flesh-industry.html>

Excellent interview with Dr. Milton Mills about Paleo, fiber, Black nutrition and how the SAD diet affects people of color (at 30' in) - [http://www.unity.fm/episode/MainStreetVegan\\_082615](http://www.unity.fm/episode/MainStreetVegan_082615)

The Guardian – Industrialized Farming is One of the Worst Crimes in History:  
<http://www.theguardian.com/books/2015/sep/25/industrial-farming-one-worst-crimes-history-ethical-question>

George Monbiot on Cowspiracy’s Message about Animal Ag:  
<http://www.theguardian.com/environment/2015/oct/05/think-dairy-farming-is-benign-our-rivers-tell-a-different-story>

Patrick Baboumian’s Record-Breaking 1,212-pound Yoke Carry:  
<http://www.metronews.ca/life/health/2013/09/08/vegan-strongman-shoulders-550-kg-unofficially-breaks-world-record.html>

NASA Astronauts on Mars Mission Will Eat 100% Vegan Menu: <http://inhabitat.com/nasa-astronauts-on-mars-mission-will-eat-100-vegan-menu/>

Meat-Free Alternatives: Brought to You by the Meat Companies -  
<http://www.foodnavigator.com/Market-Trends/Meat-free-alternatives-brought-to-you-by-the-meat-companies>

Global Research Shows Dairy Products and Calcium Supplements Do Not Make Bones Stronger : [http://preventdisease.com/news/15/100515\\_Dairy-Products-Calcium-Supplements-Do-Not-Make-Bones-Stronger.shtml](http://preventdisease.com/news/15/100515_Dairy-Products-Calcium-Supplements-Do-Not-Make-Bones-Stronger.shtml)

Dr. Ellsworth Wareham Vegan Doctor Thriving Over 100 Years Old - <http://www.cctv-america.com/2015/10/03/dr-ellsworth-wareham-the-secret-to-living-longer-2>

