

December 2015 – Resources for World Peace Diet Circle

Compiled by Dr. Will Tuttle,
For World Peace Diet Circle Members

“Surely a better time must be drawing nigh when God-like beings will become truly humane and learn to put their animal fellow mortals in their hearts instead of on their backs or in their stomachs.” ~ John Muir, Founder of the Sierra Club

Dr. Tuttle interviewed in Santa Fe Reporter newspaper: <http://www.sfreporter.com/santafe/article-11217-meat-myths.html>

Dr. Tuttle Video: (short – just 4:25) - “The Origins of Human Oppression” - <https://vimeo.com/144844709>

Dr. Tuttle Video: (short – just 1:56) - “Do Unto Others” - <https://vimeo.com/144912458>

Dr. Tuttle Video: (short – just 7:03) - “Food Choices and Social Justice” - <https://vimeo.com/144912217>

Dr. Tuttle’s Audio Interview on the “Food-Body-Spirit Connection” - <http://food-body-spirit.joyfullylivingwellness.com/the-food-body-spirit-connection/day-3/>

Dr. Tuttle’s Article, “Yoga and Non-Violent Living” published in Living Aloha Magazine: <http://issuu.com/livingalohamagazine/docs/livingaloha-sepoct15-final-lr8715> page 19

Our Sandra Higgins in Ireland Organizes Vegan Billboard Campaign: <http://www.thejournal.ie/govegan-interview-2454527-Nov2015/>

Our Sandra Higgins in short debate on radio with cattle industry rep:

http://www.edenfarmanimalsanctuary.com/wp-content/uploads/2015/01/Sandra_Higgins_Newstalk_20_11_2015.mp3

This is also illuminating: <http://www.edenfarmanimalsanctuary.com/wp-content/uploads/2015/01/98fm.mp3>

Our Kip Anderson Speaks to the European Parliament on Cowspiracy – video:

<https://www.youtube.com/watch?v=S-XP79o8gqQ>

Our Lorena Mucke’s Ethical Choices Program: <http://www.ethicalchoicesprogram.org/>

Our Sandra Higgins on Her Ireland Vegan Campaign – Article on P. 6 of Vegan Sustainability Magazine:

http://issuu.com/vegansustainabilitymagazine/docs/vegan_sustainability_magazine_issue_240cf3d7d2db61

Restaurant in London Cuts Out Dairy and Nobody Notices! - <https://www.clearlyveg.com/blog/2015/11/17/indigo-restaurant-london-cuts-out-dairy-no-one-notices>

Rain Flower Hut: “Karma Kitchens” in China: <http://www.servicespace.org/blog/view.php?id=18167>

George Monbiot: Livestock Population Explosion Lays Waste Our Planet:

<http://www.theguardian.com/commentisfree/2015/nov/19/population-crisis-farm-animals-laying-waste-to-planet>

Our Casey Taft: “Mainstream Animal Advocacy Messages Framed By Those Doing The Harm” -

<http://veganpublishers.com/advocacy/>

Social Scientists (including Dr. Tuttle) Call on Advocacy Organizations to Include Animals:
<https://www.thedodo.com/social-scientists-call-on-organizations-that-promote-empathy-and-compassion-1486013118.html>

Paris Climate Conference – Few Veg Options for Delegates - <http://www.vegiehappy.com/wp/2015/12/ah-the-irony-menu-options-lacking-at-the-un-climate-change-conference/>
Vegetarian Alternatives to The Heifer Project: <http://www.examiner.com/article/vegetarian-friendly-alternatives-to-the-heifer-project>

New Zealand Dairy Undercover Investigation: <http://www.care2.com/causes/dairys-dirty-secret-exposed-in-new-zealand.html>

People's Harvest Forum in SF - indigenous veganism and vegan permaculture —
<http://pplsharvest.org/speakers/>

Psychology Researcher Offers Tips for Effective Vegan Advocacy: <http://latestvegannews.com/psychology-researcher-offers-tips-for-positive-effective-vegan-advocacy/>

Massive Urban Farm to Replace Urban Blight in Detroit: <http://naturalsociety.com/massive-self-sustaining-urban-farm-to-replace-detroit-blight/>

All-Creatures.org Newsletter: <http://us6.campaign-archive1.com/?u=17f1d0e33e6931d6b393976d9&id=dbf46c47bd&e=fa5a2f4794>

Good summary video: <https://www.youtube.com/watch?v=Tn7d9Ons5Io>

The Strong Connection Between Meat & Dairy and GMOs:
<http://www.onegreenplanet.org/environment/connection-between-meat-and-menacing-gmos/>

The Most Addictive and Least Addictive Foods - <http://alternativenewsproject.org/newsletter-rss/article/home-family-pets/the-most-addictive-foods-and-the-least-addictive/>

Frances Moore Lappé – “Meat Madness: - http://www.huffingtonpost.com/frances-moore-lappe/meat-madness_b_8481140.html

Whole Foods "ethically-sourced" beef supplier destroys over 1,000 wild horses:
<http://www.cowspiracy.com/blog/2015/12/3/whole-foods-ethically-sourced-beef-supplier-destroys-over-1000-wild-horses>

This Month's Veg E-News: http://www.lholmesassociates.com/cgi-bin/veg/nologo/nologo_newsletter_webpage.pl

Bob Comis – “The Pigs Were Glowing Deep Gold” – The Incredible Experience That Ended My Life as a Pig Farmer:
http://www.salon.com/2015/11/28/the_pigs_and_the_space_around_them_were_glowing_deep_gold_the_mind_blowing_experience_that_ended_my_life_as_a_pig_farmer/

Is Chicken Healthier Than Red Meat? - <http://freefromharm.org/health-nutrition/chicken-healthier-red-meat/>

What Kind of God? - <http://gentleworld.org/what-kind-of-god>

Meat Needs to be on the Climate Negotiating Table: <http://www.treehugger.com/green-food/we-need-meat-international-negotiating-table.html>

Number of Vegan Options Doubles at Universities Since 2013 - <http://www.mfablog.org/number-of-vegan-options-at-universities-has>

Grass-Fed Beef One of the Worst Contributors to Global Warming:

<http://america.aljazeera.com/watch/shows/america-tonight/articles/2015/12/2/grass-fed-beef-global-warming.html>

Wayne Hsiung – The Role of Zealots and of Nice Vegans -

<http://directactioneverywhere.com/theliberationist/2015/12/2/are-nice-vegans-making-us-look-bad>

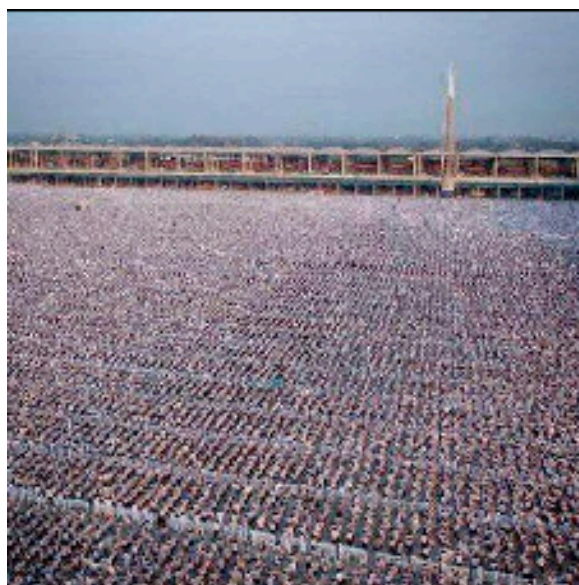
Current Issue of The Peaceable Table: <http://www.vegetarianfriends.net/issue120.html>

USDA Says Eggs are Neither Healthy Nor Safe: <http://www.care2.com/greenliving/who-says-eggs-arent-healthy-or-safe.html>

Body Builders Are Catching the Vegan Virus - <http://www.artefactmagazine.com/2015/11/25/bodybuilders-are-catching-the-vegan-virus/>

Business Insider: Why The Biggest Climate Problem Has to do With What People Eat:

<http://www.businessinsider.com/r-tackling-a-taboo-climate-activists-take-tender-approach-on-meat-2015-12>



Million Meditating children in Thailand: