

February 2016 – Resources for World Peace Diet Circle

Compiled by Dr. Will Tuttle,
For World Peace Diet Circle Members

“There are two kinds of cardiologists: vegans and those who haven’t read the data.”

~ Dr. Kim Williams, President of the American College of Cardiology”

Dr Tuttle: Dubai mini-interview series: Part 1: <https://www.facebook.com/meveg/videos/10154507072724502/>
Part 2: <https://www.facebook.com/meveg/videos/10154507129799502/>

Dr. Tuttle has several recorded lectures and panels plus a recorded interview from the recent **“Real Truth About Health” Conference**. Other excellent presentations also! - <http://www.therealtruthabouthealth.com/Nine-Minute-General-Interview>: <http://www.therealtruthabouthealth.com/2015-conference-replays/watch/92/will-tuttle-phd-interview>

Lecture: “Being Healthy & Saving the Planet”: <http://www.therealtruthabouthealth.com/2015-conference-replays/watch/56/will-tuttle-phd-being-healthy-and-saving-the-planet>

Lecture: “Time to Wake Up” - <http://www.therealtruthabouthealth.com/2015-conference-replays/watch/48/will-tuttle-phd-time-to-wake-up-conscious-eating-healthy-living-and-building-a-world-of-justice-freedom-sustainability>

Panel: Factory Farms - <http://www.therealtruthabouthealth.com/2015-conference-replays/watch/73/factory-farms-the-truth-about-where-your-food-comes-from>

Panel: How Meat/Dairy Industries Externalize Costs: <http://www.therealtruthabouthealth.com/watch/60/the-meat-and-dairy-industry-how-animal-food-system-imposes-414-billion-yearly-of-externalized-costs-on-taxpayers-animals-environment>

Panel: Environmental Impact of Animal Agriculture: <http://www.therealtruthabouthealth.com/2015-conference-replays/watch/72/how-our-food-choices-affect-climate-change-resource-depletion-and-the-environment>

Dr. Tuttle: Sunday Message on Intuition at Unity in Palm Harbor - <https://www.youtube.com/watch?v=Go5wyCKUz7E>

Dr. Tuttle – Vegan Empowerment – Interview with our Veronique Perrot:

<https://thevegancommunicator.wordpress.com/2016/01/31/interview-with-will-tuttle-author-of-the-international-best-seller-the-world-peace-diet/>

Dr. Tuttle in Naomi Call’s New Film, “Called To Rescue” - <http://www.calledtorescuefilm.com/>

Tim Barford of VegFest UK Reviews Dr. Tuttle’s *Circles of Compassion*:

<http://vegfestexpress.co.uk/tabs/blog/2016/1/tim-barford-from-vegfestuk-reviews-circles-of-compassion>

Our Kip Andersen Launches Funding Campaign for Follow up Film to Cowspiracy called “What the Health”:

<https://www.indiegogo.com/projects/what-the-health--4#/>

Unlocking the Cage to Premier at Sundance: <http://www.all-creatures.org/articles/ar-unlocking-the-cage.html>

Dr John McDougall’s Formal Report on the Largest Source of Child Abuse: Food - <http://www.all-creatures.org/cb/20160113.html>

Vegan Voices Song by Benjamyn & Rae - <https://www.youtube.com/watch?v=noaR6ubaXXQ&feature=youtu.be>

Moby Opens a Vegan Restaurant in L.A. - <http://gipsy.ninja/moby-just-opened-a-vegan-restaurant-and-is-giving-all-the-profits-to-animal-charities/>

A Collection of Rebuttals to Cowspiracy: <http://sheldonfrith.com/2015/12/24/a-collection-of-rebuttals-to-cowspiracy-and-other-anti-holistic-management-propaganda/>

Helpful List of Plant-based Doctors: <http://www.plantbaseddoctors.org/>

Classic Vegan Video (Non-graphic too!) – *A Life Connected* by Nonviolence United-
https://www.youtube.com/watch?v=U6_hjA4cdjM

Vegan Google Searches Climb 32% - <http://latestvegannews.com/vegan-google-searches-climb-32-2014-2015/#>

Advice from a Vegan Cardiologist: http://mobile.nytimes.com/blogs/well/2014/08/06/advice-from-a-vegan-cardiologist/?_r=0&referrer=http%3A%2F%2Fm.facebook.com

Armed Takeover in Oregon by Ranchers by Erica Meier of COK- http://www.huffingtonpost.com/erica-meier/armed-takeover-in-oregon-b_8923178.html

How Big Oil Conquered The World: <https://www.youtube.com/watch?v=ySnk-f2ThpE>

Fiona Oakes: Vegan Ultra Athlete for the Animals - <http://www.forksoverknives.com/ultra-athlete-for-the-animals-how-i-became-a-triple-guinness-world-record-holder/>

Why Martin Luther King's Pledge of Nonviolence Matters Today: <http://wagingnonviolence.org/feature/why-martin-luther-kings-pledge-of-nonviolence-matters-today/>

**Leather and Meat Without Killing Animals* – Important TED talk:
<https://www.youtube.com/watch?v=7gXq1ml6B1E&app=desktop>

Top Ten Plant-Based News Stories - <http://nutritionstudies.org/top-10-plant-based-research-and-news-stories-of-2015/>

Nicolette Hanh Niman (the other side) on Grass-Fed Beef:
<http://articles.mercola.com/sites/articles/archive/2016/01/03/sustainable-meat-production.aspx>

Israeli Veganism Takes Root: <http://www.bbc.com/news/world-middle-east-35400314>

Howard Lyman – short & inspiring interview: <https://www.youtube.com/watch?v=PdP4hEop0VA>

Crow Solves 8-Step Puzzle: <https://www.youtube.com/watch?v=AVaTA7eBZE>

**Fantastic Wendy's Ad for New Bean Burger (an ad for veganism too) -*
<http://www.onegreenplanet.org/news/wendys-new-advertisement-for-black-bean-burger/>

Why We've Been Hugely Underestimating the Overfishing of the Oceans:
<https://www.washingtonpost.com/news/energy-environment/wp/2016/01/19/why-weve-been-hugely-underestimating-the-overfishing-of-the-oceans/>

The Mobile Chicken-Pulper: Next Step in "Humane" Slaughter - <http://freefromharm.org/animal-cruelty-investigation/a-humane-way-to-die-for-chickens/>

NPR: When A Chicken Farm Moves Next Door - <http://www.npr.org/sections/thesalt/2016/01/24/463976110/when-a-chicken-farm-moves-next-door-odor-may-not-be-the-only-problem>

The corruption of the CDC and Damage of Vaccines – short video:
<https://www.facebook.com/BenSwannRealityCheck/videos/1043476625717287/>

Greenpeace Has Gone Over to the Dark Side; Now Endorsing Seal Slaughter – by Paul Watson:
<https://www.facebook.com/captpaulwatson/posts/10153728529600932>

Hellman's to Sell Vegan Mayonnaise: <http://www.onegreenplanet.org/news/hellmanns-to-sell-all-vegan-mayonnaise>
Ben & Jerry's to Sell FOUR Vegan Ice Creams: <http://www.onegreenplanet.org/news/ben-and-jerrys-announces-four-new-vegan-ice-cream-flavors>

February Issue of *The Peaceable Table*: <http://www.vegetarianfriends.net/issue121.html>

*Plant-Pure Nation Launches Healthy Vegan Meals Shipped to Your Door: <http://plantpurestore.com/foods>

The Beatles and Their Vegetarianism: <http://singmyheart.blogspot.com/2007/03/you-know-that-what-you-eat-you-are.html>

Canadian Government Gives Even More Money to the Dairy Industry: <http://www.animaljustice.ca/blog/federal-government-gives-more-money-to-dairy-industry/>

Chris Hedges interviews Gary Francione on "Days of Revolt" - http://therealnews.com/t2/index.php?option=com_content&task=view&id=31&Itemid=74&jumival=15465

Meat-Eaters May Spur Worldwide Species Extinction: <http://www.sciencemag.org/news/2015/08/meat-eaters-may-speed-worldwide-species-extinction-study-warns>

Investor in Vegan Food Start-ups: Forbes Magazine - <http://www.forbes.com/sites/robindschatz/2016/02/06/tastes-like-bacon-a-vegan-investor-hosts-a-plant-based-gourmet-feast-to-highlight-food-innovation/#5f90df20e969>

Plant-Based Meat Market Will Reach \$5 Billion by 2020: <http://www.thegoodfoodinstitute.org/plant-based-meat-market-will-reach-52-billion>

Veganism Growing in Japan - <http://gentleworld.org/spring/>

James Cromwell Protesting Skanska's New Animal Vivisection Laboratory in Seattle: <https://www.facebook.com/theirturn/videos/1683146645269059/>

*Excellent short video on the Wealth Inequality in the U.S.: <https://www.youtube.com/watch?v=QPKKQnijnsM>

Four Reasons Why Fish is Not Health Food: <http://www.pcrm.org/health/health-topics/dont-take-the-bait-fish-is-not-a-health-food>

New Empathy Education Program Teaches Kids About Veganism: <http://latestvegannews.com/new-empathy-education-program-teaches-kids-about-veganism/#>

Excellent Video: HOME: Planet Earth: As We Eat Our Way to Extinction: <https://www.youtube.com/watch?v=2co3CX5VGvI>

Interesting Blog on "The 'New' Abolitionism" - <http://www.havegonevegan.com/2015/12/so-im-thinking-of-calling-myself-a-new-abolitionist.html>

Poisoned Oceans Cutting Otters' Life Spans by Two Thirds: http://www.naturalnews.com/052973_ocean_pollution_sea_otters_heavy_metals.html

New York Restaurateur Making His 15 Restaurants Vegan: <http://www.mfablog.org/wow-new-york-restaurateur-making-his-15-restaura>

Life After Brisket) Veganism Growing Among Conservative Jews: <http://www.tabletmag.com/jewish-life-and-religion/197361/life-after-brisket>

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