January 2017 – Resources for World Peace Diet Circle

Compiled by Dr. Will Tuttle, For World Peace Diet Circle Members

"Similar conflicts of interest and biases exist in virtually every field of medicine, particularly those that rely heavily on drugs or devices. It is simply no longer possible to believe much of the clinical research that is published or to rely on the judgment of trusted physicians or authoritative medical guidelines." - Marcia Angell, MD, former editor of the New England Journal of Medicine (for over two decades) and author of The Truth About the Drug Companies: How They Deceive Us and What to Do About It.

"The problem is we have a healthcare industry that doesn't care about food and a food care industry that doesn't care about health." — Wendell Berry

Dr. Tuttle Interview on Internet with Abby Lodmer: https://www.youtube.com/watch?v=s-qHruj2adw

Dr. Tuttle Radio Interview on KVMR in Grass Valley, CA, with Peggy Bean (starts at 8 minutes in): http://archive.kvmr.org/mp3/kvmr 161228 120000talkies3.mp3

Our Sandra Higgins in Ireland Is Behind the Most Viral Billboard Campaign Bite-Sized Vegan Video): https://www.youtube.com/watch?v=HHAdxnli5vk

Interview with Sandra Higgins: http://worldanimalnews.com/wan-exclusive-interview-groundbreaking-campaign-go-vegan-world/

The Benefits of Seeing the Best in Others (short video): https://www.youtube.com/watch?v=TCcT]jLFDE8

How Can Research Best Empower Animal Advocacy (Casey Taft)? - http://freefromharm.org/animal-advocacy/how-can-research-best-empower-animal-advocacy/

Excellent Video of Amazon/Cattle Consequences – "Alma" – on YouTube: https://www.youtube.com/watch?v=8uVOYOPobzo

One of the Oldest Men in America is a Thriving Vegan: https://www.youtube.com/watch?v=v0MVco9s0SQ

Muskin – a New Leather Made from Sustainable Mushrooms: https://www.facebook.com/CollectiveEvolutionPage/videos/10154382332773908/

Eco Communities Growing and Thriving in Russia: https://www.voutube.com/watch?v=OBxV_RV7AgY

Brian Clement (Director of Hippocrates Health Institute) interview: https://www.youtube.com/watch?v=zx-U0hxp40A&t=198s

Dairy Industry Restricting Use of the Term "Milk" - video: https://www.youtube.com/watch?v=b bgy-[Sam0]

Vegan Mannequin Challenge (short humorous video): https://www.youtube.com/watch?v=X6oGRHLpcFU

Edible Forests: http://kvnf.org/post/edible-forests-next-step-local-food-movement

Chickens Discovered to Have Higher Intelligence than Realized: http://www.telegraph.co.uk/science/2017/01/03/chickens-exhibit-machiavellian-tendencies-scientists-discover/

"Are Humans Designed to Eat Meat?" - Important Video by Milton Mills, MD: https://vimeo.com/182621851

The Benefits of Water-Only Fasting (and Plat-based Eating): short news video: http://sanfrancisco.cbslocal.com/video/category/spoken-word-kpixtv/3601189-north-bay-clinic-touts-benefit-of-water-only-fast/

Why All Christians Should Go Vegan (Washington Post):

https://www.washingtonpost.com/posteverything/wp/2017/01/05/why-all-christians-should-go-vegan

Pseudoscience in Animal Welfare Organizations Like Humane League: https://medium.com/@harrisonnathan/the-actual-number-is-almost-surely-higher-92c908f36517#.gzn9wpop5

"Blood Cashews" - On the Importance of Fair Trade:

 $\frac{http://www.telegraph.co.uk/foodanddrink/foodanddrinknews/11577928/Blood-cashews-the-toxic-truth-about-your-favourite-nut.html}{}$

Excellent Video: Review of Vegan Year 2016: https://www.youtube.com/watch?v=scsf09BcB-w Video – All vegans Should be Anarchists: https://www.youtube.com/watch?v=scsf09BcB-w

Good Idea to Avoid Microwave Cooking: http://healthimpactnews.com/2017/why-you-should-avoid-microwave-cooking-2/

How Big Government Helps Big Dairy Sell Milk: https://www.voutube.com/watch?v=XRCi8LVTRvA&feature=voutu.be

World Mercury Project with Robert F. Kennedy, Jr.: https://worldmercuryproject.org/

France Passes Legislation Requiring Cameras in All Slaughterhouses: http://worldanimalnews.com/breaking-france-passes-historic-bill-ordering-cameras-slaughterhouses/

Former Slaughterhouse Worker in Australia now an Animal Rights Activist: http://www.huffingtonpost.com/anna-pippus/meet-the-former-slaughter b 10199262.html

Video - All Vegans Should be Anarchists: https://www.youtube.com/watch?v=Ra4kDis2z4E

95-Year Old Vegan Activist (short video) -

https://www.facebook.com/garytycom/videos/vb.169905213064735/1199553316766581/?type=2&theater

