

June 2017 – Resources for World Peace Diet Circle

Compiled by Dr. Will Tuttle,
For World Peace Diet Circle Members

Neither genius, fame, nor love show the greatness of the soul. Only kindness can do that. - Jean Baptiste Henri Lacordaire, preacher, journalist, and activist

Renunciation has both sadness and joy in it: sadness because you realize the futility of your old ways, and joy because of the greater vision that begins to unfold when you are able to let go of them. This is no ordinary joy. It is a joy that gives birth to a new and profound strength, a confidence, an abiding inspiration that comes from the realization that you are not condemned to your habits, that you can indeed emerge from them, that you can change, and grow more and more free. – Tsogyal Rinpoche

Dr. Tuttle's Music & Lecture in Chinese Media (Short video): http://zj.zjol.com.cn/news/653788.html?weixin_share_count=1

IDA's Publication of Dr. Tuttle's Essay on Food Waste: <https://www.idausa.org/campaign/farmed-animal/latest-news/what-can-we-do-about-the-problem-of-food-waste-in-the-world/>

Madeleine's Intuitive Vegan Kitchen – New Videos: Making Fresh Juice: <https://youtu.be/NWzcylNhxcQ>
Pulp Omelette with Tahini Salad: <https://youtu.be/BCP9g3FFTXA>

Madeleine's Vegan Kitchen – Mock Mashed Potatoes with Vegetable Medley: <https://youtu.be/KPskv35GpHk>

Arnold Schwarzenegger and James Cameron Urging People to Eat Less Meat:
<https://www.theguardian.com/film/2016/jun/23/arnold-schwarzenegger-james-cameron-eat-less-meat-china>

Reductarianism Questioned: <http://arzone.ning.com/forum/topics/reducing-is-a-good-thing-reducing-animals-to-food-is-not>

FDA Finally Admits Chicken Contains Carcinogenic Arsenic: <https://www.minds.com/blog/view/485550584280133632/fda-finally-admits-chicken-meat-contains-cancer-causing-arsenic>

Vaccines Revealed – Free video viewing: <http://bit.ly/2pgGk0k>

Vaccines Increase Human Mortality: <https://worldmercuryproject.org/news/dtp-vaccine-increases-mortality-in-young-infants-5-to-10-fold-compared-to-unvaccinated-infants/>

China Just Banned the Yulin Dog Meat Festival: What This Means For The Future of Meat – Wayne Hsiung of DXE:
<https://medium.com/direct-action-everywhere-dxe/china-just-banned-the-yulin-dog-meat-festival-what-this-means-for-the-animal-rights-movement-f3cdce3324c5>

JFK at 100 – PC Roberts: <http://www.paulcraigroberts.org/2017/05/24/jfk-100-paul-craig-roberts/>

Beyond Meat Burgers Now Selling in Safeway: <https://www.bloomberg.com/news/articles/2017-05-25/bill-gates-backed-vegan-burgers-hit-mainstream-with-safeway-deal>

James Cameron to Produce New Vegan Documentary: <http://www.clearlyveg.com/blog/2017/05/25/james-cameron-produces-new-vegan-documentary>

Birds, Bees, and Other Animals Have Scruples, and For Good Reason: <http://news.berkeley.edu/2017/05/23/animalscruples>

Dairy Cow Crying for her Calf: https://www.youtube.com/watch?v=OK_N2y6BP14&feature=youtu.be

Eating Beans to Reduce Gas (Global Warming): <https://news.llu.edu/research/eating-beans-reduce-gas>

Why the Paleo Diet Doesn't Make Sense: <https://www.forksoverknives.com/why-the-paleo-diet-doesnt-make-sense/>

Okja Animal Rights Film Coming to Netflix: <http://www.clearlyveg.com/blog/2017/05/29/animal-rights-film-coming-netflix-trailer>

Karen Ritter: Animal Agriculture's Environmental Impact: <https://www.facebook.com/notes/karen-j-ellis-ritter/an-open-letter-to-all-who-are-heartbroken-that-trump-pulled-the-us-out-of-the-pa/10154628615260905/>

Lion's Roar Buddhist Magazine – Concerned About the Climate? What Are You Eating? <https://www.lionsroar.com/concerned-about-the-climate-ok-but-what-are-you-eating/>

Vaccines Contaminated with Glyphosate (Due to the Presence of Bovine Gelatin, Casein, Fetal Serum; and Chicken Egg): <http://www.organicandhealthy.org/2016/11/shocking-tests-confirm-vaccines-are.html>

Coop Switzerland Opens Vegetarian/Vegan Supermarket in Zurich: <http://www.clearlyveg.com/blog/2017/06/05/coop-switzerland-opens-vegetarian-supermarket>

Jokgu the Chicken Plays the Piano on Talent Show: <https://www.youtube.com/watch?v=L7EflNFRG7M>

Top 100 Influential Vegans in 2017 – Part ¼: https://www.youtube.com/watch?v=iif_vHKw154

David Simon on the Economics of Animal Agriculture – The Guardian: <https://www.theguardian.com/lifeandstyle/2017/jun/07/meatonomics-david-robinson-simon-everything-i-envision-for-meat-has-happened-with-tobacco>

BBC – What Would Happen if Everyone Went Vegan: <https://www.bbcgoodfood.com/howto/guide/what-would-world-look-if-everyone-went-vegan>

Video – What is Friendship to a Fish? - <https://www.facebook.com/BeFairBeVegan/videos/426845581014565/>

British Beef Farmer Donates Cows to Sanctuary; Opens Vegan Business: <http://www.onegreenplanet.org/news/vegetarian-beef-farmer-sending-cows-to-sanctuary>



Mollusks don't feel any pain...

So animals won't take over the world?

Really? Plants have protein?

Wait...but, plants do feel pain?

But God gave them to us to eat. Right?

But eskimos... uh...

I guess my canine teeth aren't really that special.

Isn't there supposed to be something wrong with soy?

Maybe it's time to admit that your arguments for eating meat have a problem.

When all of your excuses fail you, it can turn your world upside-down. Fortunately, there is a solution. Simply adopt a vegan lifestyle and watch your life line up with your values.

VeganStreet.com