## January 2018 – Resources for World Peace Diet Circle

Compiled by Dr. Will Tuttle, For World Peace Diet Circle Members

"If you talk to the animals, they will talk with you and you will know each other. If you do not talk to them, you will not know them and what you do not know, you will fear. What one fears, one destroys." ~Chief Dan George

Dr. Tuttle Interview with One Green Planet's Nil Zacharias: <a href="https://www.onegreenplanet.org/environment/is-eating-animals-normal-and-natural/">https://www.onegreenplanet.org/environment/is-eating-animals-normal-and-natural/</a>

Dr. Tuttle speaking with James Aspey at the London VegFest: https://youtu.be/ChlakV-6EYY

Will & Madeleine on Marlene Narrow's Vegan Nation Radio (Part 1): https://vegansradio.wordpress.com/2017/11/26/12-15-17-will-madeleine-tuttle-the-world-peace-diet/

Dr. Tuttle Interview with Marlene Narrow on Vegan Nation Radio (Part 2): https://vegansradio.wordpress.com/2017/12/16/12-22-17-dr-will-tuttle-deep-veganism/

Our Sandra Higgins: The Psychology of Becoming Vegan: https://goveganworld.com/psychology-becoming-vegan/

Good Basic Info on Veganic Gardening: <a href="http://www.goveganic.net/article69.html">http://www.goveganic.net/article69.html</a>

Current Issue of Veg E-News:

http://www.lholmesassociates.com/cgi-bin/veg/nologo/nologo newsletter webpage.pl

Veganism set to top culinary trends of 2018: <a href="http://www.jpost.com/Israel-News/Culture/Veganism-set-to-top-culinary-trends-of-2018-with-Israel-at-the-helm-520093#/">http://www.jpost.com/Israel-News/Culture/Veganism-set-to-top-culinary-trends-of-2018-with-Israel-at-the-helm-520093#/</a>

The Guardian: What Will We Be Eating Next Year? - <a href="https://www.theguardian.com/global/2017/dec/24/what-will-we-be-eating-next-year">https://www.theguardian.com/global/2017/dec/24/what-will-we-be-eating-next-year</a>

Forbes: Here's Why You Should Turn Your Business Vegan In 2018:

https://www.forbes.com/sites/katrinafox/2017/12/27/heres-why-you-should-turn-your-business-vegan-in-2018/

Demand For Meat Free Food Increases By 987% In 2017: <a href="https://www.plantbasednews.org/post/2017-ridiculous-987-increase-demand-meat-free-options">https://www.plantbasednews.org/post/2017-ridiculous-987-increase-demand-meat-free-options</a>

15,000 World Scientists' Warning to Humanity:

http://scientistswarning.forestry.oregonstate.edu/sites/sw/files/Warning article with supp 11-13-17.pdf

How to Explain Your Vegan Diet to Your Healthcare Team: <a href="https://journal.thriveglobal.com/how-to-explain-your-vegan-diet-to-your-healthcare-team-6811d3c15c7f">https://journal.thriveglobal.com/how-to-explain-your-vegan-diet-to-your-healthcare-team-6811d3c15c7f</a>

The Fundamental Ethics of Yoga and Food: <a href="https://www.elephantjournal.com/2018/01/the-fundamental-ethics-of-yoga-food/">https://www.elephantjournal.com/2018/01/the-fundamental-ethics-of-yoga-food/</a>

"Why Vegan and Not Vegetarian?" – Thich Nhat Hanh (short video) - https://www.youtube.com/watch?v=0gwOzzGibsg&sns=fb

A Black-and-White Issue that the Humane Community Has Yet to Face: <a href="http://www.animals24-7.org/2018/01/14/a-black-and-white-issue-that-the-humane-community-has-yet-to-face/">http://www.animals24-7.org/2018/01/14/a-black-and-white-issue-that-the-humane-community-has-yet-to-face/</a>

