

## October & November 2018 – Resources for World Peace Diet Circle

Compiled by Dr. Will Tuttle  
For World Peace Diet Circle Members

*“It is difficult to get a man to understand something when his salary depends upon his not understanding it.”*  
Upton Sinclair, novelist and reformer (1878-1968)

*“The issue today is the same as it has been throughout all history, whether man shall be allowed to govern himself or be ruled by a small elite.”*  
Thomas Jefferson

Dr. Will & Madeleine Tuttle’s Lecture Tour in Eastern Europe – Brief Overview: <https://youtu.be/bkfsdTFIc4>

Dr. Tuttle Interviewed on Unity Online Radio with Victoria Moran, and our Anna Ferguson also interviewed in first half: <https://www.unityonlineradio.org/main-street-vegan>

Dr. Tuttle Speaking in Athens Animals Rights March – Short Video: <https://youtu.be/YqMGjhQTsMo>

Dr. Tuttle’s Recent Lecture in Ljubljana: <https://www.youtube.com/watch?v=7ILMtG6tH0k&t=1053s>

Dr. Tuttle & The World Peace Diet Featured in Luv4All, the Vegan Peace Movement E-Zine based in Vancouver: <https://www.loveunityvoice.com/the-world-peace-diet-being-healthy-and-saving-the-planet/>

Dr. Tuttle’s Lecture Presentations in Athens – A Summary by Maria Angeli of Greece:  
<http://www.thespiral.gr/en/activities-a-programs/peace-food-peace-living/dr-tuttle-in-greece-oct-2018.html>

World Peace Diet Friends Eric Swaffer and Izabela Lechowicz Killed in Helicopter Crash:  
<https://www.plantbasednews.org/post/plant-based-advocates-die-leicester-city-helicopter-crash>

Empty Oceans: Is the World Running Out of Fish? Short Documentary:  
<https://www.youtube.com/watch?v=bW9fOEJ0vEs&feature=youtu.be>

73 Cows: - Excellent Short Video About a Cattle Farmer Who Goes Vegan:  
<https://vimeo.com/293352305?cjevent=dfb077fdd17d11e883ff00e40a180510>

Happy Cow’s Short Video of Athens Animal Rights March (short cameo of Dr. Tuttle at end):  
<https://www.youtube.com/watch?v=BdgSEd-fSow>

Our Anna Ferguson’s new essay, Frustrated Over Marshmallows: <http://www.heärt.com/frustrated-over-marshmallows/>

Vasco Lourenco – Essay on The World Peace Diet after attending Dr. Tuttle’s Lecture in Lisbon, 9/24/18:  
<https://www.veganblessing.com/inspiring/world-peace-diet-will-tuttle/>

Vegan Society Brief Video – “Do You Want to Make History?” -  
<https://www.youtube.com/watch?v=E6ehL18rqlM&feature=youtu.be>

Street Epistemology – a General Socratic Method of respectful discussion to help in vegan advocacy:  
<https://streetepistemology.com/>

Inner Life of a Cell – video: [https://www.youtube.com/watch?time\\_continue=479&v=B\\_zD3NxSsD8](https://www.youtube.com/watch?time_continue=479&v=B_zD3NxSsD8)

The Boomerang Effect – Abuse of young animals & young children - <https://www.collective-evolution.com/2018/09/18/former-cia-officer-itnj-chief-counsel-shares-reality-of-elite-child-trafficking/>

Rep. Tulsi Gabbard (World Peace Diet fan) calls out U.S. warmongering in Syria: <https://www.zerohedge.com/news/2018-09-13/tulsi-gabbard-house-floor-slams-betrayal-american-people-after-911-over-syria>

Vegan Street’s Guide For New Vegans: <http://veganstreet.com/guidefornewvegans.html>

Renee King-Sonnen – Short Video – “Cowgirl and Cattle Farmer” - <https://www.facebook.com/MoreInCommon/videos/2098743913776947/>

El Hogar Animal Sanctuary in Barcelona area, Spain (where Dr. Tuttle lectured): <https://www.youtube.com/watch?v=UMdo3DXzAas&feature=youtu.be>

Berkeley: First City in the World to Mandate Vegan Food at City Events: <http://www.ktvu.com/news/berkeley-first-city-in-world-to-mandate-vegan-food-served-at-city-events>

Most Efficient Plastic Recycling: <https://www.dropbox.com/s/a57a1cxmpfk74de/R-One>  
Best Ocean Plastic Removal: <https://www.dropbox.com/s/kp9ux8syh5821gn/FPC>

Indian Documentary Promoting Vegan Living: *The Evidence Meat Kills*: <https://meatkills.in/the-evidence-meat-kills-part-1/>

The “Good Old Days” of Animal Farming Were Never Good for the Animals: <https://freefromharm.org/animal-farmer-turned-vegan/matt-bear/>

California Passes Ban on Animal Testing for Cosmetics: <http://www.onegreenplanet.org/news/california-passes-ban-animal-testing-cosmetics>

Madeleine’s Yoga Program that she does every morning – highly recommended! - <http://www.yogastudioapp.com/>

Barcelona researcher develops 3D printer that makes ‘steaks’:  
[https://elpais.com/elpais/2018/09/27/inenglish/1538061240\\_449222.html](https://elpais.com/elpais/2018/09/27/inenglish/1538061240_449222.html)

Viva! Anti-Dairy Billboard Ad Campaign, “Trash”: <https://www.plantbasednews.org/post/giant-anti-dairy-billboards-uks-busiest-motorway>

The Vegan Justice League – Fighting the Farm Bill & Other Unfair Governmental Animal Ag Bills: <https://www.gofundme.com/vegan-justice-league-lobbying-group>

CAFO’s and Floods in North Carolina: <https://www.nexusnewsfeed.com/article/climate-ecology/photo-gallery-of-when-govt-and-corporations-go-rogue/>

Tucker Carlson of Fox News & Gene Baur on Veganism – good Overview by Ask Yourself: <https://www.youtube.com/watch?v=7YbQmkU7wBg>

Ronnie Cummins’ - Why Fake Meat and Eliminating Livestock Are Really Bad Ideas: <https://www.organicconsumers.org/blog/vegans-ranchers-and-regenerators-unite-why-fake-meat-and-eliminating-livestock-are-really-bad> He’s pretty far off base here, but good to be aware of these arguments)

New German Study Shows Water Has Memory: <https://www.nexusnewsfeed.com/article/science-futures/scientists-show-that-water-has-memory/>

Current Issue of the Committee to Abolish Sport Hunting (CASH) Courier: <https://www.all-creatures.org/cash/cc-2018-summer.html>

Current Issue of Wildlife Watch E-Zine: <http://wildwatch.org/category/summer-2018-issue/>

The Economist - Why People in Rich Countries Are Eating More Vegan Food:

<https://www.economist.com/briefing/2018/10/13/why-people-in-rich-countries-are-eating-more-vegan-food>

Video: Empty Oceans – Is the World Running Out of Fish:

<https://www.youtube.com/watch?v=bW9fOEJ0vEs&feature=youtu.be>

HuffPost: The Huge Climate Footprint of Animal Agriculture: [https://www.huffingtonpost.com/entry/cargill-tyson-food-companies-climate-change\\_us\\_5bbf272de4b0b27cf47aed47](https://www.huffingtonpost.com/entry/cargill-tyson-food-companies-climate-change_us_5bbf272de4b0b27cf47aed47)

Documentary Film Dominion to be Free Forever: <https://www.dominionmovement.com/watch>

Possible Dangers of Nutritional Yeast: <https://traditionalcookingschool.com/health-and-nutrition/healthy-living-health-and-nutrition/why-nutritional-yeast-is-not-vegan-health-food/>

New Vegan Film “73 Cows” Wins Gold at Vegan Film Festival:

<https://vimeo.com/293352305?cjevent=dfb077fdd17d11e883ff00e40a180510>

Sorry, vegans. If you don't eat honey, avocados might be off-limits, too. (Washington Post) -

<https://www.washingtonpost.com/news/voraciously/wp/2018/10/17/sorry-vegans-if-you-dont-eat-honey-avocados-might-be-off-limits-too/>

Response to the Above: <https://metro.co.uk/2018/10/18/eating-avocados-doesnt-mean-youre-failing-at-being-vegan-this-is-just-another-way-to-try-to-catch-us-out-8049510/>

Meat Consumption and Environmental Devastation – New Report: <http://nakedfoodmagazine.com/meat-consumption/>

America Is Drowning in Milk Nobody Wants: <https://www.bloomberg.com/news/articles/2018-10-17/america-is-drowning-in-milk-nobody-wants>

New Vegan Resort in Cuba: <http://www.casadelfin.net/>

Ken Wilber: “You Must Shout From the Heart” - <http://www.awakin.org/read/view.php?tid=2330>

A Crash-Course on the True Causes of Anti-Semitism, Part 2 (applies to veganism also) – Ron Unz - <https://russia-insider.com/en/crash-course-true-causes-anti-semitism-part-2/>

Boycott Facebook, Twitter, and Google. Here's Why: <https://www.strategic-culture.org/news/2018/10/17/boycott-facebook-twitter-and-google-here-why.html>

Richard Schwartz – Jewish Veg/Vegan Writer – collection of books & essays: <https://www.jewishveg.org/schwartz/>

Photos from Ljubljana Lecture Tour:

[https://www.facebook.com/pg/VeganskoDrustvo/photos/?tab=album&album\\_id=1914137558672687](https://www.facebook.com/pg/VeganskoDrustvo/photos/?tab=album&album_id=1914137558672687)

Charles Eisenstein – Sacred Economics (somewhat relevant to our movement also) – short video: <http://sacred-economics.com/film/>

Should Veganism Sacrifice Its Core Values For More Followers? - <https://www.plantbasednews.org/post/veganism-sacrifice-core-values-more-followers>

Eroding and Subverting the Democratic Party – George Soros’ \$32 billion in ‘donations’:  
<https://www.davidicke.com/article/501938/soros-money-everywhere-whats-going-david-icke-dot-connector-videocast>

How Walking in Nature Positively Changes our Brain: <https://www.collective-evolution.com/2018/10/27/doctors-explain-how-hiking-changes-our-brain/>

Vast animal-feed crops to satisfy our meat needs are destroying planet (The Guardian, 2017) -  
<https://www.theguardian.com/environment/2017/oct/05/vast-animal-feed-crops-meat-needs-destroying-planet>

3-Minute Video “Man” by Steve Cutts shows “Man’s Relationship with Animals and Nature.” -  
<https://www.youtube.com/watch?v=WfGMYdalCIU>

Animals’ Voice E-Magazine: <https://myemail.constantcontact.com/What-s-New-for-November-and-More.html?soid=1131135801850&aid=YfrJ8hze-lw>

