December 2018 – Resources for World Peace Diet Circle

Compiled by Dr. Will Tuttle For World Peace Diet Circle Members

"Technological progress is like an axe in the hands of a pathological criminal." – Albert Einstein

Dr. Tuttle Presentation on "The Hidden Roots of Social Injustice" Portland UU Church (video): https://youtu.be/Iyca1A08W80

Dr. Tuttle's lecture in NYC at Caravan of Dreams Restaurant (11/14/18) – video – 2 28-minute parts: <u>https://www.youtube.com/watch?v=RkgKooPoYoI</u> - Part 1 <u>https://www.youtube.com/watch?v=b0wwdwqJdYU</u> - Part 2

Newspaper report of Dr. Tuttle's lecture event in Rehoboth Beach, DE: https://www.capegazette.com/article/vegan-feast-celebrates-sixth-year-rehoboth/170191

Dr. Tuttle Radio Interview on KVMR, Grass Valley, CA, on Veganism and Humanimal Liberation: https://www.kvmr.org/podcasts/sos-radio-will-tuttle-november-2018

Dr. Tuttle Video Interview: Breaking Free of the Herding Culture: https://youtu.be/l-3dHVune-c

Dr. Tuttle's Lecture at GreenFare Restaurant in Virginia (Facebook live): https://www.facebook.com/gwyn.whittaker/videos/10214742576972060/

Dr. Tuttle Radio Interview – KPCA in Petaluma on 12/17/18, Food Is Energy (start 4 minutes in): https://www.dropbox.com/sh/asv1p66pxaia7te/AADwlRgGhcqHtjpqDHf2AhUra?dl=0&preview=Food+is+Energy+12-17-2018.mp3

New Mexico Vegan Magazine – Essay by Dr. Tuttle on p. 21: https://issuu.com/arenasnancy/docs/nm_vegan_vol4_issue6_november_2018_9dd1c0daa407f6

Daily Beast's List of Vegan Gifts Includes The World Peace Diet: https://www.thedailybeast.com/vegan-gifts-for-the-most-ethical-people-on-your-list

Important Documentary on Toxic Sludge and its Impact on Health: Biosludged - http://www.brighteonfilms.com/Biosludged/?Registered=True

Our Judy Carman Reports on November's Parliament of World Religions in Toronto: http://www.peacetoallbeings.com/2018/11/interfaith-vegan-coalition-in-action-at.html

Prayer for Compassion – new vegan documentary by Thomas Jackson premiering this month: https://www.plantbasednews.org/post/documentary-religious-people-embrace-veganism

Popular Science – Why Plant Protein is Better for you than Animal Protein: https://www.popsci.com/plant-protein-healthier

Rudolf Steiner's Quote on Vaccination (Dr. Wolfson, M.D.) video: https://www.brighteon.com/5974132064001

George Monbiot on Democracy Now – Eating Meat & Dairy Must Stop: https://www.democracynow.org/2018/11/29/george monbiot ending meat dairy consumption

"There's Meat on the Menu at the UN Climate Change Conference. That Should Scare You" - https://www.all-creatures.org/articles/env-meat-on-menu.html

Sailesh Rao's Summary of the Questions Raised & Discussion at the Recent Vegan World 2026 Conference in Arizona: http://www.climatehealers.org/blog/2018/11/26/insight-has-landed-on-mars-make-america-great-again

It's Time to Replace Slaughterhouses With Greenhouses: https://freefromharm.org/common-justifications-for-eating-animals/marginal-lands/

Glysophate Used as a Dessicant in Wheat, Barley, Oats, and Legumes:

https://www.nexusnewsfeed.com/article/climate-ecology/china-set-to-shock-markets-with-low-glyphosate-residue-limits-in-food-imports/

Great idea—Using Greenland's Glacial mud to rRmineralize soils in Tropical Regions: https://www.youtube.com/watch?v=PCupHgKGCcY

Biological Annihilation: a Planet in Loss Mode: https://www.counterpunch.org/2018/12/13/biological-annihilation-a-planet-in-loss-mode/

Stink! - Excellent video on Hazards of Chemical Fragrances & Chemicals pervading society: https://www.youtube.com/watch?v=8nhcKn4_xLk (\$2.95 to rent)

MediTIERE! Meditation and Animals - English version – meditation video on animals: https://www.youtube.com/watch?v=gwBAFzRvrR4

Robert Goodland's 2012 NYT Article Explaining Why His 51% Study was Undermined by the FAO: https://bittman.blogs.nytimes.com/2012/07/11/fao-yields-to-meat-industry-pressure-on-climate-change

Plant-Based News' "Vegan 2018" Documentary Film – inspiring summary of the year's progress: https://www.youtube.com/watch?v=bTeqU6 Jryc&feature=em-lsp

Philip Wollen Video – Why Change is Imperative: https://www.youtube.com/watch?v=iRdOCaCKGXY

Dr. Milton Mills: What the Bible Says About Veganism (video): https://www.youtube.com/watch?v=0tXwcZmf368

Ex Pig Farmer: 'Veganism Is The Future Of Farming' - https://www.all-creatures.org/articles/ex-pig-farmer.html

Eat Empathy Not Earthlings by Chad Wesselkamper of Rice University, World Peace Diet colleague: http://www.ricethresher.org/article/2018/11/eat-empathy-not-earthlings

Colonization, Food, and the Practice of Eating: http://www.foodispower.org/colonization-food-and-the-practice-of-eating/

NYTimes OpEd – Would Human Extinction be a Tragedy?: https://www.nytimes.com/2018/12/17/opinion/human-extinction-climate-change.html

Fortune Magazine - Tofurkey - Mainstreaming Vegan Foods More Than Ever: http://fortune.com/longform/tofurky-vegan-vegetarian-thanksgiving-recipes-company-founding/

'Eat Less Meat Or Pay The Environmental And Human Price', Says UN: https://www.plantbasednews.org/post/eat-less-meat-pay-environmental-human-price-un

Tim Kaufman, Fatman Rants – Excellent Vegan Christian blog & video: http://fatmanrants.com/

The Great Bell Chant (The End of Suffering) with Thich Nhat Hanh: https://vimeo.com/6518109

Gene Baur on Going Vegan (short video): https://www.facebook.com/NowThisFood/videos/355391871675662/

Michael Greger - How Dairy Industry Designs Misleading Studies https://nutritionfacts.org/video/how-the-dairy-industry-designs-misleading-studies/

Helpful List of 12 Articles & Reports on Climate Change & Veganism: http://jewcology.org/2018/11/a-dozen-links-to-reports-and-a13-articles-on-climate-threats-and-why-shifts-to-vegan-diets-are-essential-to-efforts-to-avert-a-climate-catastrophe/

"Suffering, Empathy, and Ecstasy: Animal Liberation as the Furthest Reaches of our Moral Evolution" – J. Yunt: https://www.academia.edu/37564890/ Suffering Empathy and Ecstasy Animal Liberation as the Furthest Reaches of our Moral Evolution 2018

Students Don't Miss Meat When It's Replaced With Legumes, Study Finds! - https://www.onegreenplanet.org/natural-health/students-dont-miss-meat-replaced-legumes-study-finds/

The Ugly Untold Truth about the Pertussis Vaccine: https://www.jeremyrhammond.com/2015/09/14/the-ugly-untold-truth-about-the-pertussis-vaccine/

Child Abuse & Child Trafficking More Widespread Than Realized; Boomerang Effect? - http://healthimpactnews.com/2018/800k-children-in-the-u-s-missing-each-year-8-million-worldwide-international-tribunal-exposes-pedophilia-problem-victims-testify-of-child-sex-trafficking-and-satanic-ritual-abuse/">http://healthimpactnews.com/2018/800k-children-in-the-u-s-missing-each-year-8-million-worldwide-international-tribunal-exposes-pedophilia-problem-victims-testify-of-child-sex-trafficking-and-satanic-ritual-abuse/

Why plant-based is more palatable than vegan: https://www.goodfood.com.au/eat-out/news/why-plantbased-is-more-palatable-than-vegan-20181203-h18o2u

The Productivity of Vegan-Organic Farming: https://humaneherald.org/2018/12/14/the-productivity-of-vegan-organic-farming/

This Month's Issue of Veg E-News: http://www.lholmesassociates.com/newsletters/veg/html/archives/veg_nologo_1812.html

Pharmaceutical Industry Drains Pregnant Cow Fetuses To Make Vaccines: https://prepforthat.com/drain-pregnant-cow-fetus-blood-new-zealand

Enjoy the playfulness of these camels!: https://play.webvideocore.net/popplayer.php

Arvin Paranpje – "A Hungry Child's Plea for Help": https://www.unitedinheart.com/essentialreadingblog/2018/9/19/hungry-child

Anti-Colonial Food Politics: A Case Study In Action From Mexico: https://www.all-creatures.org/articles/act-anti-colonial-food-politics.html

Pets eat an estimated 30 percent of all meat in the United States, making them equivalent to the fifth largest country in the world in terms of meat consumption - https://wildearth.com/pages/koji-white-paper

Roger Yates: Capitalism and the Non-Human Animal Advocacy Movement: https://animalliberationcurrents.com/capitalism-and-the-non-human-animal-advocacy-movement/

This month's edition of The Peaceable Table: http://www.vegetarianfriends.net/issue152.html



40 million tons versus 760 million tons of grain per year