April 2018 – Resources for World Peace Diet Circle

Compiled by Dr. Will Tuttle, For World Peace Diet Circle Members

"He is a heavy eater of beef. Me thinks it doth harm to his wit." —William Shakespeare in Twelfth Night

Dr. Tuttle's short video on "Should Spiritual Teachers Be Vegan?" - https://youtu.be/rl68YKoj3bM Also at https://www.facebook.com/veganpublishers/videos/1483245981801209/

Dr. Tuttle Interview (audio) with Think Plant-Based Podcast: http://www.thinkplantbased.com/podcast-episodes/

Dr. Tuttle in new Video: *H.O.P.E*:. *What You Eat* Matters http://www.hope-theproject.com/the-film/

Dr. Tuttle video – Vegan Spirituality: https://www.youtube.com/watch?v=YtIKH2 7jgg&feature=youtu.be

Dr. Tuttle on SOS Radio, Grass Valley, CA: http://audio.kvmr.org/podhawk/index.php?id=3519

Dr. Tuttle video – Time To Wake Up – With Steve Prussack: https://juiceguru.com/radio/ep-83-time-to-wake-up-with-dr-will-tuttle/

Dr. Tuttle: The Essence of Deep Veganism: https://www.youtube.com/watch?v=UZmdQlPW5Gk

Dr. Tuttle's essay on Veganism: Our Journey, Not Our Destination is now up on IDA's FB page: https://www.facebook.com/indefenseofanimals/posts/10156183670617346

Dr. Tuttle's Presentation at Univ. of Mich. VegWeek with "Food Waste" theme: http://www.secondwavemedia.com/concentrate/innovationnews/wastedinner0449.aspx

The Guardian: "The unstoppable rise of veganism: how a fringe movement went mainstream" - https://www.theguardian.com/lifeandstyle/2018/apr/01/vegans-are-coming-millennials-health-climate-change-animal-welfare

Excellent short video: Cesar Chavez: Respect For All - https://www.cesarchavezrespectforall.org/watch-the-film/

Cows in NH Going Wild on their First Pasture Day: https://www.youtube.com/watch?v=TellanT AGU

How Big Oil Conquered the World: https://www.youtube.com/watch?time_continue=1&v=ySnk-f2ThpE

AMA Resolution 406: Encourage Plant-based Meals in Hospitals and Ban Processed Meats: http://www.prweb.com/releases/2017/06/prweb14452227.htm

Tel Aviv – the Vegan Capital of the World: https://www.departures.com/travel/restaurants/best-vegan-food-tel-aviv

Current Issue of *The Peaceable Table*: https://docs.google.com/document/pub?id=1vV-m5q2h0beDjYzvgdWRoZkp4_L4mnd0P3ZA4UaKF7Q

British Farmer's Son Shocks Vegan World with this video: https://www.youtube.com/watch?v=SYyjel5VuHg

Vaccine Ingredients (from CDC, 2017) – includes many animal ingredients, mercury, formaldehyde, other toxins: https://www.cdc.gov/vaccines/pubs/pinkbook/downloads/appendices/b/excipient-table-2.pdf

New Vegan Documentary Film Launching April 5 – "Eating You Alive": https://www.eatingyoualive.com/

The Questions We Never Ask – Powerful vegan-oriented video: https://www.youtube.com/watch?v=e6N LINQQ5Y

Animal populations set to plummet by 67% between 1970 and 2020: http://www.thebigwobble.org/2018/03/wildlife-and-plantlife-on-brink-worlds.html

Time for Social Justice Advocates to Start Embracing the Animal Rights Movement: http://www.all-creatures.org/articles/ar-social-justice-advocatesx.html

Lee Camp of Russia Today exposes the horrors of animal agriculture (with humor!) - Those pesky Russkies... https://www.rt.com/shows/redacted-tonight-summary/420929-national-torture-industry-netanyahu/

Naked Capitalism - Critical to Reduce Meat and Dairy by 50%:

 $\underline{\text{https://www.nakedcapitalism.com/2018/03/humanitys-meat-dairy-intake-must-cut-half-2050-avoid-dangerous-climate-change.html}$

1,000 year Old Poem – "I No Longer Steal From Nature" – by Syrian - https://www.facebook.com/notes/evolve-campaigns/1000-year-old-vegan-poem-i-no-longer-steal-from-nature/10150117592433891

The Vegan Muslim Initiative: https://www.plantbasednews.org/post/the-vegan-muslim-initiative-opening-minds-and-changing-the-world

By Going Vegan, We can feed Millions More People – L.A. Times: http://www.latimes.com/science/sciencenow/lasci-sn-more-food-vegan-20180326-story.html

FDA – Q& A About Animal-Derived Materials Used in Vaccine Manufacture: https://www.fda.gov/BiologicsBloodVaccines/Vaccines/QuestionsaboutVaccines/ucm143521.htm

New Australian Vegan Documentary, *Dominion*, Coming Soon (Pretty graphic): https://www.livekindly.co/vegan-documentary-dominion/

*Lucen*t, a 2014 Documentary by Same Australian Filmmaker About Pig Abuse: https://www.youtube.com/watch?v=KArL5YjaL5U

Excellent History of the Iraq War: https://youtu.be/4oLYzCUk8RE

PCRM – Short USDA Video – Fecal Soup in Chicken Products: http://www.pcrm.org/health/health-topics/fecal-soup

Indoor Hydroponic Farm in NJ Growing 100 Times More Food with 95% Less Water 24/7/365: https://www.businessinsider.com/bowery-farms-indoor-farm-grows-365-days-a-year-less-water-2018-2

London Telegraph: We All Need to Stop Eating Meat Now: https://www.telegraph.co.uk/men/thinking-man/need-stop-eating-meat-now

Quitting Veganism For My Health - https://www.youtube.com/watch?v=uRo4FwY839c&feature=youtu.be

Why the World Is Going Vegan (90 Seconds Vidso) - https://www.huffingtonpost.com/entry/why-the-world-is-going-vegan-in-90-seconds_us_5a397d15e4b06cd2bd03d609

Vegan Diet May Reduce Risk of Depression: https://www.livekindly.co/vegan-diet-decrease-depression-risk-study/

Why Go Vegan? - https://www.vegan.com/why/

Saudi Prince Opening a Vegan Marine Park and Restaurants: https://www.facebook.com/livekindlyco/videos/713904572291453/

British Meat is as Abusive as U.S. Meat: http://metro.co.uk/2017/12/19/think-british-meat-humane-american-deluded-7171226/

Senate Give Dairy Industry \$1 Billion to Save Failing Industry: http://www.collective-evolution.com/2018/02/17/senate-grants-a-1-billion-handout-to-save-the-failing-dairy-industry/

Indigenous Culture Has Strong Ties With Veganism, Says Mi'kmaw Scholar: https://www.livekindly.co/indigenous-culture-has-strong-ties-with-veganism-says-mikmaw-scholar/

Massive Vegan Festival on June 16 in L.A.: https://www.livekindly.co/massive-vegan-festival-take-up-entire-los-angeles-city-block/

Meat and Dairy Consumption Are Destroying Earth's Wildlife: https://freefromharm.org/agriculture-environment/meat-dairy-wildlife/

Want to truly help the planet? Go vegan - https://www.optimistdaily.com/2018/04/want-to-truly-help-the-planet-go-vegan/

The 7 Traits of Highly Effective Farm Sanctuaries: https://kirschnerskorner.com/2016/04/13/the-7-traits-of-highly-effective-farm-sanctuaries/

Zoe Rosenberg of Happy Hen Sanctuary Attempts to Rescue Pig at Cal Poly: http://www.sanluisobispo.com/news/local/article208760029.html

Irish Cows Jumping for Joy to be Let Out in Spring: http://www.bbc.com/news/av/uk-northern-ireland-43802862/county-antrim-cows-jump-for-joy-after-winter-indoors

Land-Use of Plant-Based Diet Compared to Animal-Based: http://www.all-creatures.org/articles/env-animal-plant-land-use.html

Little Tyke: The True Story of the Vegetarian Lioness: http://www.all-creatures.org/stories/a-tyke-veg-lion.html

A Change of heart: From sheep farmer to animal rescuer: http://www.all-creatures.org/articles/sheep-farmer-to-rescuer.html

America's Largest Dairy Company Ends Contracts With Dairy Farmers, Cites Decline in Consumption: http://www.all-creatures.org/articles/mdi-decline-milk-consumption.html

