

September 2018 – Resources for World Peace Diet Circle

Compiled by Dr. Will Tuttle
For World Peace Diet Circle Members

“A man of my spiritual intensity does not eat corpses.” – George Bernard Shaw

Dr. Tuttle on Unedited Space with Matthew Coles: <http://unedited.space/guests#/will-tuttle/>

Dr. Tuttle on the Vegan Warrior Virtual Summit – Sept. 2018:
<https://www.youtube.com/watch?v=Qo4eA5k48vA&feature=youtu.be>

Dr. Tuttle Interview on Veganic Living with Kim Smith (Audio only): <https://soundcloud.com/kim-smith-908833961/veganic-living-episode-2-will-tuttle>

Dr. Tuttle on Eat for the Planet Podcast: <https://eftp.co/will-tuttle>

Dr. Tuttle’s Lecture at Vegetarian Summerfest from several years ago: <https://youtu.be/EPqTRYEDfzc>

Excellent Essay By Our Kathleen Kevaney: Eating As A Social, Political, Spiritual Act: The World Peace Diet:
<https://theconversation.com/eating-as-a-political-social-spiritual-act-the-world-peace-diet-100867>

10 Lives Transformed On A Vegan Diet: <https://www.plantbasednews.org/post/10-lives-transformed-on-a-vegan-diet>

Plant-Based Consumption Skyrockets by 300%: <https://www.plantbasednews.org/post/plant-based-consumption-skyrockets-300-12-months>

Facebook Deleted Cowspiracy’s Page to “Silence Pro-Vegan Voices” -
<https://www.plantbasednews.org/post/facebook-deleted-cowspiracy-page-to-silence-pro-vegan-voices>

American Journal of Pediatrics - Avoid processed meats, especially maternal consumption during pregnancy:
<http://pediatrics.aappublications.org/content/early/2018/07/19/peds.2018-1408>

The Truth about the Vegan Lobby: <https://newrepublic.com/article/148477/truth-vegan-lobby>

10% of Canadians Now Vegan or Vegetarian: <https://www.collective-evolution.com/2018/08/21/more-than-3-million-canadians-are-now-vegan-or-vegetarian/>

Plant-Based Vs. “Vegan” in Marketing: <https://www.csmonitor.com/The-Culture/Food/2018/0824/Plant-based-replaces-v-words-to-appeal-to-carnivores>

Court Victory for Food Not Bombs: <http://www.informationclearinghouse.info/50124.htm>

Current Issue of The Peaceable Table:
https://docs.google.com/document/pub?id=1ah7S24mNKgIbkFXtaxto7f_rWNpNR8AGuLP7h4Jta-M

“Vegans Are Awesome” – short Video – unabashed vegan bragging, but fun:
<https://www.youtube.com/watch?v=srIHbKTvvEY&feature=youtu.be>

Vietnam Goes After Monsanto for Agent Orange Maiming of Millions during the War:
<http://www.thelastamericanvagabond.com/top-news/vietnam-demands-monsanto-finally-be-held-liable-over-agent-orange/>

The Hidden Vegetarians of Tibet: <https://tricycle.org/magazine/tibetan-vegetarians/>

Earthling Ed's Speech at the Animal Rights March in London: <https://www.youtube.com/watch?v=YjQMUIcI9BU>

India: Mother & Son's Vegan Dairy Start-up Aims to Be Biggest: <https://www.foodnavigator-asia.com/Article/2018/05/02/Mother-and-son-s-plant-based-dairy-start-up-seeks-to-become-India-s-biggest#>

Hope Bohanec – Mindful Meats: My Neighborhood Slaughterhouse - <https://freefromharm.org/animal-products-and-culture/mindful-meats/>

California Legislature Passes Bill Banning Animal Testing in Cosmetics: <http://www.onegreenplanet.org/news/california-state-assembly-unanimously-passed-bill-end-sale-cosmetics-tested-animals>

Anti-vaccine Japan has world's lowest child death rate: <https://www.nexusnewsfeed.com/article/human-rights/anti-vaccine-japan-has-world-s-lowest-child-death-rate-and-highest-life-expectancy/>

Renowned doctor slams medical education & says we have “an epidemic of misinformed doctors”: <https://www.nexusnewsfeed.com/article/geopolitics/renowned-doctor-slams-medical-education-says-we-have-an-epidemic-of-misinformed-doctors/>

How Your Body Transforms on a Vegan Diet: <https://www.youtube.com/watch?v=yKp8-X1zZqo>

Gene Baur Debates Fox News' Tucker Carlson on Veganism: <http://www.foxnews.com/person/c/tucker-carlson.html>

Dr. Tuttle Heading to Greece to Speak at the Animal Rights March, but Greece is in Big Trouble: <https://www.paulcraigroberts.org/2018/08/21/genocide-of-the-greek-nation/>

Good short overview of our culture, but needs vegan perspective: <https://www.youtube.com/watch?v=Yw0qkvvSE7s>

Uplifting Sanctuary video: <https://www.facebook.com/thedodosite/videos/1391635214304483/>

All-Creatures.org Newsletter: <https://www.all-creatures.org/newsletter/news-20180906.html>

Map of the Most Vegan/Veg Friendly Countries of the world: <http://www.veganonthemap.com/TRAVEL/vegmap>

Current Issue of American Vegan Magazine: <http://americanvegan.org/AV1802.pdf>

Dr. Ashwani Garg – Plant-Based Nutrition – audio podcast with Ian Cramer: <https://www.plant-basedcyclist.com/icp-49-dr-ashwani-garg?platform=hootsuite>

The Radical Left's Top 10 Objections to Veganism (And Why They Suck): <https://medium.com/@Veganarchy/the-radical-lefts-top-10-objections-to-veganism-and-why-they-suck-5f27d19e801d>

Shark Documentarian Calls for a Vegan Future: <https://www.all-creatures.org/articles/act-shark-documentarian.html>

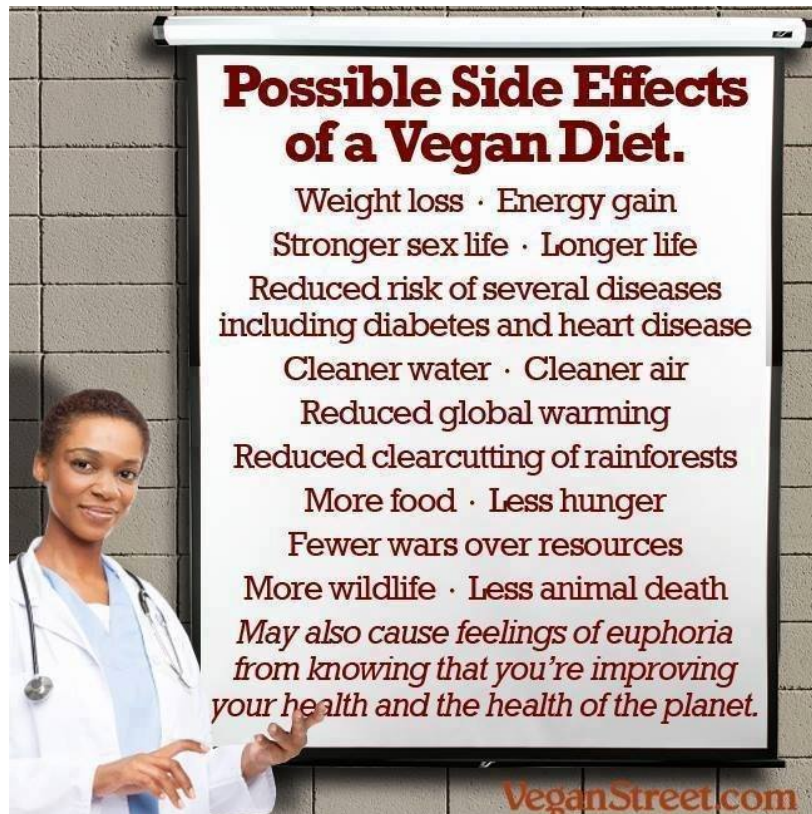
Reductarianism vis-à-vis Veganism: https://medium.com/@mychaelmceeley_79564/reducatarianism-vis-%C3%A0-vis-veganism-2b7de078db37

Who Controls the Narrative Controls the World: Caitlin Johnstone - <https://caitlinjohnstone.com/2018/09/10/that-time-cnn-staged-a-fake-interview-with-a-syrian-child-for-war-propaganda/>

The Murky History of the Color Yellow (From Cow Urine) - <http://www.bbc.com/culture/story/20180906-did-animal-cruelty-create-indian-yellow>

Aquaculture Video (short) - <https://www.facebook.com/garytvcom/videos/1802480293140544/>

Corporate Food Brands Drive the Massive Dead Zone in the Gulf of Mexico: <https://www.all-creatures.org/articles/env-massive-dead-zone.html>



**Possible Side Effects
of a Vegan Diet.**

- Weight loss · Energy gain
- Stronger sex life · Longer life
- Reduced risk of several diseases including diabetes and heart disease
- Cleaner water · Cleaner air
- Reduced global warming
- Reduced clearcutting of rainforests
- More food · Less hunger
- Fewer wars over resources
- More wildlife · Less animal death

May also cause feelings of euphoria from knowing that you're improving your health and the health of the planet.

VeganStreet.com