

January 2020 – Resources for World Peace Diet Circle

Compiled by Dr. Will Tuttle
For World Peace Diet Circle Members

*On ne voit bien qu'avec le cœur. L'essentiel est invisible pour les yeux.
(One can see rightly only with the heart. What is essential is invisible to the eyes.)* - Antoine de Saint-Exupéry

Video Highlights of Dr. Will & Madeleine's Lecture Tour to S.E. Asia & Taiwan: <https://youtu.be/e9SCZdRbp08>

Dr. Tuttle's Essay, "Searching for Western Wisdom Traditions" - <http://www.worldpeacediet.com/2020/01/searching-for-western-wisdom-teachings/>

Dr. Tuttle Interviewed by our Marlene Narrow on her Radio Show, Vegan Nation, about the recent Asian WPD lecture tour: <https://wcuw.org/vegannation/V.N.01.09.20.WorldPeaceDietAsiaTAIWAN.mp3>

Dr. Tuttle's Lecture in Evanston, IL on 9/11/19 – audio recording: <https://www.dharmavoicesforanimals.org/wp-content/uploads/Will-Tuttle-09-11-2019-Lake-Street-Church.m4a>

Dr. Tuttle's Short Introductory Video to the 2016 Pro-Intersectional Vegan Conference: https://www.youtube.com/watch?v=IhJCic0ye_M&lc=z23hirdqazynsln34acd432d20clej2iydx4borqctw03c010c

Dr. Tuttle's Essay, "Our Beckoning Future," in the *New Mexico Vegan* magazine, p. 6: https://issuu.com/arenasnancy/docs/new_mexico_vegan_jan_issue_2020

Our Susan Pitcairn Shares a short Poem for Animals: <https://www.youtube.com/watch?v=5FcGOZ08jWY>

Our Anna Ferguson's Recent Essay on Veganism and Yoga: <https://veganauthority.com/the-vegan-yoga-connection-by-world-peace-yoga-author-anna-ferguson-/gv7620.html>

Anna Ferguson's Accompanying Video: https://www.youtube.com/watch?v=Nl_hZIUdk38&feature=youtu.be

Miyoko's Cheddar Cheese – Can Cheese Experts Tell the Difference? https://www.youtube.com/watch?time_continue=1&v=5fKo-5fcSIY&feature=emb_logo

The New Global Threat from GMO's – Gene Editing: <https://www.youtube.com/watch?v=24EI3yQ2Tjg>

Five Steps to Vegan Launches! (By Be Fair, Be Vegan): First Step - <https://www.youtube.com/watch?v=LX1mRADGxcA>

Meat-Heavy Diet Must Stop Warns New Study: <https://www.animals24-7.org/2019/12/24/meat-heavy-diet-must-go-the-way-of-neanderthals-german-economists-warn/>

New Zealand Mother Abandons Dairy Farming & Becomes Vegan Activist: <https://www.stuff.co.nz/business/farming/117421837/dairy-farmer-turned-vegan-quit-industry-after-becoming-suicidal>

Sacked Vegan Brings Landmark Discrimination Case: <https://www.bbc.com/news/uk-50969168>
Vegans deserve same legal protection as religious people, UK judge rules: <https://www.cnn.com/2020/01/03/uk/vegan-discrimination-intl-scli-gbr/index.html>

The 33 Best Vegan Documentaries: <https://nutriciously.com/best-vegan-documentaries/>

It's Official! There's a Plant-Source of Vitamin B-12: Duckweed - https://www.youtube.com/watch?v=QHvRARWglRY&feature=emb_logo

The Dark Hobby: How Home Aquariums Are Destroying Tropical Fish Stocks: <https://thedarkhobby.com/index.html>

How to Make Vegan Dog Food: https://www.youtube.com/watch?v=Wh0k_-iOi_o

Forbes: The Real Reason Colleges are Going Vegan: <https://www.forbes.com/sites/christopherelliott/2020/01/10/this-is-the-real-reason-colleges-are-going-vegan/#151701176124>

Dr. Michael Greger on the Link Between Environmental and Physical Health: <https://nutritionfacts.org/video/flashback-friday-diet-climate-change-cooking-up-a-storm>

Plant-Pure Nation - Ditch Dairy for Clearer Skin: <https://plantpurecommunities.org/ditchdairyforclearerskin/>

The Guardian – There is No Such Thing as an Ethical Egg:
<https://www.theguardian.com/commentisfree/2017/jan/30/free-range-eggs-con-ethical>

Beginner’s Guide to Vegan Nutrition: <https://www.youtube.com/watch?v=ugAvfNKggfU>

Joaquin Phoenix at the Golden Globe Awards Going Plant-Based:
<https://www.facebook.com/pkwan/videos/10157129793003667/>

Earthgut: Excellent new book on Microbiome - <https://books.friesenpress.com/store/title/119734000059547108/Tami-S.-Hay-EarthGut%3A-The-Story-of-Peace%2C-Love-and-Microbes>

Borden Files for Bankruptcy: <https://www.cnn.com/2020/01/06/business/borden-dairy-bankruptcy/index.html>

What if a Dairy Farm Became a Hazelnut Orchard? - <https://www.agriculturefairnessalliance.org/news/environmental-impact-of-dairy/>

Veganuary TV Spot – “Instinct” - <https://www.youtube.com/watch?v=4uredLzJa6k>

America’s Football Obsession – Tedx Talk by Steve Almond – (Connects to meat culture):
<https://www.youtube.com/watch?v=8JdM4UNI3jY>

Excellent Website for Latest News on Pesticides and Chemicals: <https://poison.news/>

Vegan 2019: The Film (By Plant-Based News in U.K.): https://www.youtube.com/watch?v=2AYOViszK_A

5G Coming? Part of the Situation, and a Strong Resistance by the Irregulars: <http://irregulars.org/>
<https://takebackyourpower.net/irregulars-vs-fcc-interview/>

Miyoko’s Creamery Introduces New Oat-based Cheeses: <https://www.pressdemocrat.com/business/10506259-181/petaluma-based-miyokos-creamery-hopes-to>

Like Sending Bees To War: The Deadly Almond Orchards -
<https://www.theguardian.com/environment/2020/jan/07/honeybees-deaths-almonds-hives-aoe>

John Sanbonmatsu: Why Fake Meat Isn’t: https://www.stltoday.com/opinion/columnists/john-sanbonmatsu-why-fake-meat-isn-t/article_aac03654-20f8-5ec7-8ce9-35c023edd1d4.html

Green Carpet (Vegan Organic) Event Menus: <https://wfpb.org/green-carpet/>

Science Shows What Happens to your Brain When Complaining: <https://www.nexusnewsfeed.com/article/health-healing/science-shows-what-happens-to-your-brain-when-you-complain-too-much/>

