

January 2020 – Resources for World Peace Diet Circle

Compiled by Dr. Will Tuttle
For World Peace Diet Circle Members

On ne voit bien qu'avec le cœur. L'essentiel est invisible pour les yeux.
(One can see rightly only with the heart. What is essential is invisible to the eyes.) - Antoine de Saint-Exupery

Video Highlights of Dr. Will & Madeleine's Lecture Tour to S.E. Asia & Taiwan: <https://youtu.be/e9SCZdRbp08>

Dr. Tuttle's Essay, "Searching for Western Wisdom Traditions" - <http://www.worldpeacediet.com/2020/01/searching-for-western-wisdom-teachings/>

Dr. Tuttle Interviewed by our Marlene Narrow on her Radio Show, Vegan Nation, about the recent Asian WPD lecture tour: <https://wcuw.org/vegannation/V.N.01.09.20.WorldPeaceDietAsiaTAIWAN.mp3>

Dr. Tuttle's Lecture in Evanston, IL on 9/11/19 – audio recording: <https://www.dharmavoicesforanimals.org/wp-content/uploads/Will-Tuttle-09-11-2019-Lake-Street-Church.m4a>

Dr. Tuttle's Short Introductory Video to the 2016 Pro-Intersectional Vegan Conference: https://www.youtube.com/watch?v=IhJCic0ye_M&lc=z23hirdqazynsln34acd432d20clej2iydx4borqctw03c010c

Dr. Tuttle's Essay, "Our Beckoning Future," in the *New Mexico Vegan* magazine, p. 6: https://issuu.com/arenasnancy/docs/new_mexico_vegan_jan_issue_2020

Our Susan Pitcairn Shares a short Poem for Animals: <https://www.youtube.com/watch?v=5FcGOZ08jWY>

Our Anna Ferguson's Recent Essay on Veganism and Yoga: <https://veganauthority.com/the-vegan-yoga-connection-by-world-peace-yoga-author-anna-ferguson-/gv7620.html>

Anna Ferguson's Accompanying Video: https://www.youtube.com/watch?v=Nl_hZIUdk38&feature=youtu.be

Miyoko's Cheddar Cheese – Can Cheese Experts Tell the Difference? https://www.youtube.com/watch?time_continue=1&v=5fKo-5fcSIY&feature=emb_logo

The New Global Threat from GMO's – Gene Editing: <https://www.youtube.com/watch?v=24EI3yQ2Tjg>

Five Steps to Vegan Launches! (By Be Fair, Be Vegan): First Step - <https://www.youtube.com/watch?v=LX1mRADGxcA>

Meat-Heavy Diet Must Stop Warns New Study: <https://www.animals24-7.org/2019/12/24/meat-heavy-diet-must-go-the-way-of-neanderthals-german-economists-warn/>

New Zealand Mother Abandons Dairy Farming & Becomes Vegan Activist: <https://www.stuff.co.nz/business/farming/117421837/dairy-farmerturnedvegan-quit-industry-after-becoming-suicidal>

Sacked Vegan Brings Landmark Discrimination Case: <https://www.bbc.com/news/uk-50969168>
Vegans deserve same legal protection as religious people, UK judge rules: <https://www.cnn.com/2020/01/03/uk/vegan-discrimination-intl-scli-gbr/index.html>

The 33 Best Vegan Documentaries: <https://nutriciously.com/best-vegan-documentaries/>

It's Official! There's a Plant-Source of Vitamin B-12: Duckweed - https://www.youtube.com/watch?v=QHvRArWglRY&feature=emb_logo

The Dark Hobby: How Home Aquariums Are Destroying Tropical Fish Stocks: <https://thedarkhobby.com/index.html>

How to Make Vegan Dog Food: https://www.youtube.com/watch?v=Wh0k_-iOi_o

Forbes: The Real Reason Colleges are Going Vegan: <https://www.forbes.com/sites/christopherelliott/2020/01/10/this-is-the-real-reason-colleges-are-going-vegan/#151701176124>

Dr. Michael Greger on the Link Between Environmental and Physical Health: <https://nutritionfacts.org/video/flashback-friday-diet-climate-change-cooking-up-a-storm>

Plant-Pure Nation - Ditch Dairy for Clearer Skin: <https://plantpurecommunities.org/ditchdairyforclearerskin/>

The Guardian – There is No Such Thing as an Ethical Egg:
<https://www.theguardian.com/commentisfree/2017/jan/30/free-range-eggs-con-ethical>

Beginner's Guide to Vegan Nutrition: <https://www.youtube.com/watch?v=ugAvfNKggfU>

Joaquin Phoenix at the Golden Globe Awards Going Plant-Based:
<https://www.facebook.com/pkwan/videos/10157129793003667/>

Earthgut: Excellent new book on Microbiome - <https://books.friesenpress.com/store/title/119734000059547108/Tami-S.-Hay-EarthGut%3A-The-Story-of-Peace%2C-Love-and-Microbes>

Borden Files for Bankruptcy: <https://www.cnn.com/2020/01/06/business/borden-dairy-bankruptcy/index.html>

What if a Dairy Farm Became a Hazelnut Orchard? - <https://www.agriculturefairnessalliance.org/news/environmental-impact-of-dairy/>

Veganuary TV Spot – “Instinct” - <https://www.youtube.com/watch?v=4uredLzJa6k>

America's Football Obsession – Tedx Talk by Steve Almond – (Connects to meat culture):
<https://www.youtube.com/watch?v=8JdM4UNI3jY>

Excellent Website for Latest News on Pesticides and Chemicals: <https://poison.news/>

Vegan 2019: The Film (By Plant-Based News in U.K.): https://www.youtube.com/watch?v=2AYOViszK_A

5G Coming? Part of the Situation, and a Strong Resistance by the Irregulars: <http://irregulars.org/>
<https://takebackyourpower.net/irregulars-vs-fcc-interview/>

Miyoko's Creamery Introduces New Oat-based Cheeses: <https://www.pressdemocrat.com/business/10506259-181/petaluma-based-miyokos-creamery-hopes-to>

Like Sending Bees To War: The Deadly Almond Orchards -
<https://www.theguardian.com/environment/2020/jan/07/honeybees-deaths-almonds-hives-aoe>

John Sanbonmatsu: Why Fake Meat Isn't: https://www.stltoday.com/opinion/columnists/john-sanbonmatsu-why-fake-meat-isn-t/article_aac03654-20f8-5ec7-8ce9-35c023edd1d4.html

Green Carpet (Vegan Organic) Event Menus: <https://wfpb.org/green-carpet/>

Science Shows What Happens to your Brain When Complaining: <https://www.nexusnewsfeed.com/article/health-healing/science-shows-what-happens-to-your-brain-when-you-complain-too-much/>

