

February 2020 – Resources for World Peace Diet Circle

Compiled by Dr. Will Tuttle
For World Peace Diet Circle Members

“Only when we have become nonviolent toward all life will we have learned to live well ourselves.” - Cesar Chavez

Dr. Tuttle Presenting at Upcoming Vegan Conference at Unity Village near Kansas City (Sept 10-13) - 2020
Vision: A World That Works for All. Information and registration: <https://thespiritualforum.org/vegan-retreat/>

Dr. Tuttle’s Lecture on The World Peace Diet at The Real Truth About Health Conference:
<https://www.youtube.com/watch?v=okNQPRMAloo&t=2h51m31s>

Dr. Tuttle’s Panel Presentation at The Real Truth About Health Conference:
<https://www.youtube.com/watch?v=okNQPRMAloo&t=10h24m10s>

Dr. Tuttle’s Video, “Should Spiritual Teachers Be Vegan?” – on World of Consciousness:
<https://www.worldofconsciousness.com/videosearch/Should-Spiritual-Teachers-Be-Vegan%3F>

Dr. Tuttle’s Interview, “Meat Eaters Are Hiding Behind Their Inner Curtain,” in World of Consciousness magazine –
Page 51: <https://www.yumpu.com/en/document/read/63021391/world-of-consciousness-2020-magazine>

Five Steps to Vegan: Step one - <https://www.youtube.com/watch?v=LX1mRADGxcA>

IronMind – Brian Rose and John Joseph – a Plant-Based Ironman Race & Healing: <https://londonreal.tv/e/ironmind-the-movie/>

Taiwan’s Bliss & Wisdom Movement – Short Video on Compassion:
<https://www.youtube.com/watch?v=SiaMuKX3NUI&feature=youtu.be>

Dan Buettner, author of Blue Zones, on How to Be Healthy & Happy: <https://www.youtube.com/watch?v=NnYhvkzNks&feature=youtu.be>

Jimmy Escaped the Fires, But Not the Grief: <https://www.abc.net.au/religion/learning-from-jimmys-grief-after-the-inferno/11862360>

“Game Birds and Growing Up” – A Retrospective: <https://ilovetofu.ca/2016/06/09/tbt-game-birds-and-growing-up/>

Dog Turns Lonely Rescued Baby Cow Into A Happy Puppy:
<https://www.youtube.com/watch?v=0UEeWniuNBk&feature=youtu.be>

Current Issue of Peaceable Table: <http://www.vegetarianfriends.net/issue159.html>

Oscar Nominees Luncheon Serves Vegan Menu: <https://www.hollywoodreporter.com/news/oscar-nominees-luncheon-serves-completely-plant-based-menu-1273659>

The Interfaith Coalition has kits to help people raise awareness about vegan living for quite a few different religions:
<https://www.idausa.org/campaign/sustainable-activism/interfaith-vegan-coalition/advocacy-kits/>

The Economist - A Diet to Save Humankind: <https://worldin.economist.com/article/17382/edition2020diet-save-humankind>

Sperm-sorting comes to India through cow-loving Modi government: <https://www.animals24-7.org/2020/01/20/sperm-sorting-comes-to-india/>

Saving Life on Earth for Just \$100 Billion: <https://www.all-creatures.org/articles2/env-hundred-billion-saving-life.html>

Sarina Farb – What If You Were Stranded on a Deserted Island? <https://www.youtube.com/watch?v=YeBjCGlm5f4>

Who Is The Real White Savior? Christopher Sebastian Responds to Harriet Hall: <https://freefromharm.org/animal-advocacy/response-to-harriet-hall/>

New Vegan Meat Made With Imperfect Produce: <https://vegworldmag.com/news/korean-plant-based-meat-brand-introduces-vegan-meat-made-with-imperfect-produce>

KFC's Beyond Meat Chicken is a Miracle: <https://www.fastcompany.com/90455889/kfcs-beyond-meat-chicken-is-a-damn-miracle>

Ocean Robbins: The Truth About Lectins: <https://foodrevolution.org/blog/the-truth-about-lectins>

How Carbs Became a Dietary Supervillain: <https://www.forksoverknives.com/are-carbs-bad-science-against-low-carb-diets/>

T. Colin & Nelson Campbell – Why So Much Confusion About What to Eat? - https://www.youtube.com/watch?v=Jxsl_XiPnI&list=PLvR63j9TJ7Od-pqObEzZKXbpBV_8UF_XX

NFL Rejects PETA's Superbowl Ad: <https://headlines.peta.org/super-bowl-end-speciesism>

Harvard Gazette: Game Changers Film Having Big Impact: <https://news.harvard.edu/gazette/story/2020/02/game-changers-puts-muscle-behind-its-message-at-law-school/>

Kellogg to Phase Out (by 2025) Pre-harvest Glyphosate Use: <https://www.nexusnewsfeed.com/article/climate-ecology/kellogg-to-phase-out-preharvest-glyphosate-use/>

Billie Eilish Bids 26 Million Fans to Go Vegan: <https://vegnews.com/2019/6/billie-eilish-bids-26-million-fans-to-be-smarter-and-go-vegan>

Joaquin Phoenix Best Actor Award Oscar Speech: <https://www.youtube.com/watch?v=Z4ZrkIRl2ao&feature=youtu.be>

Joaquin Phoenix Protests Burger at Oscar After-Party: <https://vegnews.com/2020/2/joaquin-phoenix-protests-in-n-out-burger-menu-at-vanity-fair-s-after-oscar-party>

The Race for Protein: <https://www.jpost.com/Opinion/The-race-for-protein-How-Israel-can-lead-the-race-the-food-of-the-future-608416>

The Village in Israel that's Been Vegan 50+ Years: <https://www.israel21c.org/the-village-thats-been-vegan-for-50-years/>

Is Ocean Acidification a Hoax? <https://principia-australia.org/the-hoax-of-ocean-acidification/>

How to be a Mentally Sovereign Human by Caitlin Johnstone (applies to Vegans): <https://caitlinjohnstone.com/2020/01/21/how-to-be-a-mentally-sovereign-human/>

**You can be vegan if you want.
But eating meat is *my* choice.**

The billions of animals who live and die in dreadful conditions don't have a choice.

People losing their lives and livelihoods to climate change don't have a choice.

Millions of people facing water shortages because animal agriculture is using most of the supply don't have a choice.

All the people suffering from ailments caused by living near factory farms don't have a choice.

The inhabitants of rainforests and other natural areas that are being cleared for grazing don't have a choice.

Does your personal choice eclipse everyone else's?

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